



Update on Severe Asthma 2024

**March 21, 2023**

**11:10-11:45 am**

## **The Impact of Climate Change on Asthma**

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SCHOOL OF PUBLIC HEALTH

**C-CHANGE**

CENTER FOR CLIMATE, HEALTH,  
AND THE GLOBAL ENVIRONMENT

# Objectives

To review the effects of climate change on health, specifically asthma.

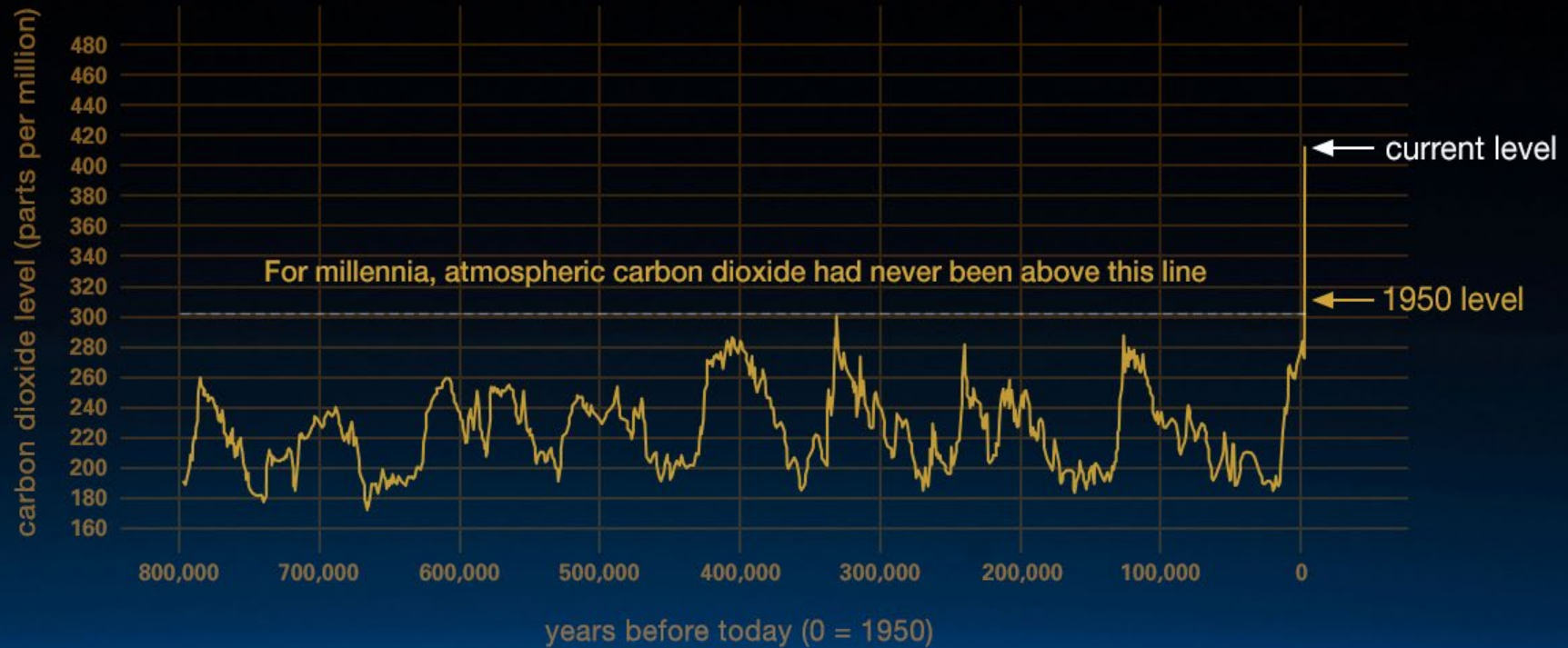
To discuss the solutions involved in adaptation and mitigation to climate change and how they affect health.

To learn about ways the health care systems can reduce green house gas emissions and improve patient's health and public health.

# Disclosures

Type	Company
Employment full time / part time	Harvard University and Harvard-affiliated Hospitals
Spouse / Family member employment / engagement	None
Research Grant (P.I., collaborator or consultant; pending and received grants)	Grants : NIAID, NHLBI, NIEHS, MacArthur Foundation-Genius Award,
Other research support	Past Advisor: Regeneron Data and Safety Monitoring Board member at Northwestern, Univ of Chicago, and NHLBI Co-founder: Before Brands, Alladapt Immunotherapeutics, IgGenix, and Latitude
Speakers Bureau / Honoraria	None
Ownership Interest (stock, stock-options, patent or intellectual property)	Patents for basophil test, multifood immunotherapy and prevention, monoclonal ab from plasmablasts, and device for diagnostics.
Consultant / advisory board	Board of Scientific Counselors-NIH Clinical Center, Scientific steering committee-ITN NIAID

# ATMOSPHERIC CO<sub>2</sub> LEVELS - PAST 800,000 YEARS



## WHAT IS CLIMATE CHANGE?

Warming of the earth's surface caused by build-up of carbon dioxide (CO<sub>2</sub>) and other greenhouse gases, such as methane, in the earth's atmosphere



# CO<sub>2</sub> accounts for 2/3 of warming

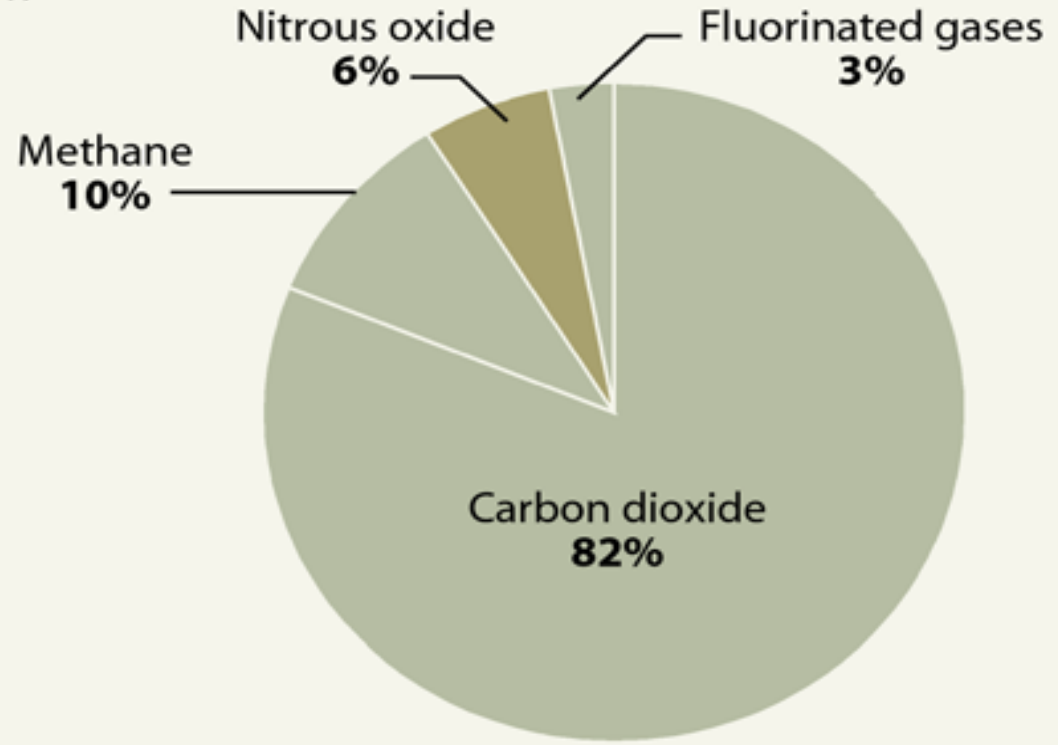
- There are other important greenhouse gases are N<sub>2</sub>O, CFCs, CH<sub>4</sub>

## U.S. Greenhouse Gas Emissions

Nitrous oxide is a relatively small percentage of U.S. greenhouse gas emissions, but it packs a potent punch. N<sub>2</sub>O has about 300 times the warming power of carbon dioxide and it stays in the atmosphere about 114 years on average.

### U.S. GREENHOUSE GAS EMISSIONS

2017



NOTE: Does not total 100% due to rounding

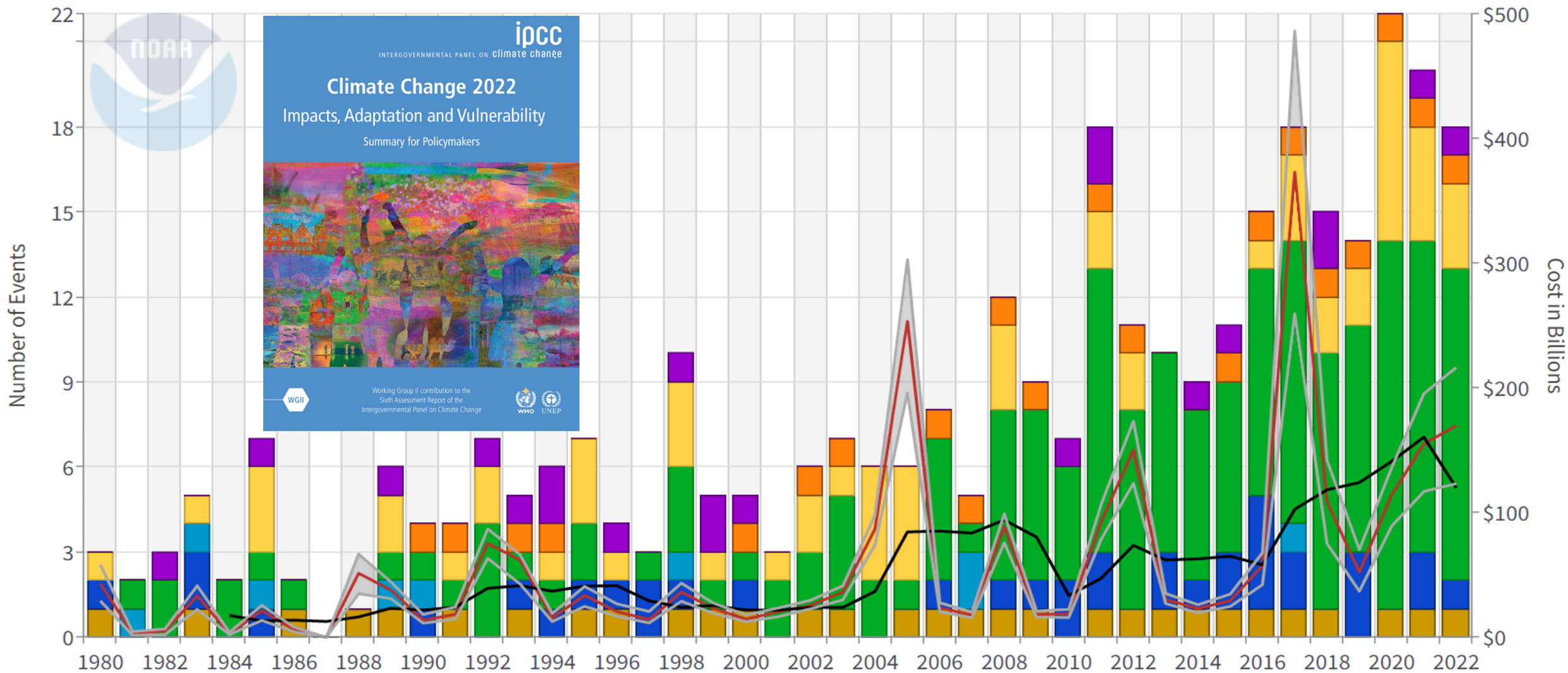
**GLOBAL TEMPERATURE – about 1.5 C higher than pre industrial levels—if no changes are made, the trajectory to 2.5-2.8 C currently**



Bearer, C.F., Molloy, E.J., Tessema, M.T. *et al.* Global climate change: the defining issue of our time for our children's health. *Pediatr Res* (2022). <https://doi.org/10.1038/s41390-022-02290-7> (Note: as of Feb 1, 2024 – 81 articles on climate change in Pediatric Research)

# United States Billion-Dollar Disaster Events 1980-2022 (CPI-Adjusted)

- Drought Count
- Flooding Count
- Freeze Count
- Severe Storm Count
- Tropical Cyclone Count
- Wildfire Count
- Winter Storm Count
- Combined Disaster Cost
- Costs 95% CI
- 5-Year Avg Costs



<https://www.ncei.noaa.gov/access/billions/time-series>



## Attributing extreme weather to climate change

Use the filters below to explore the studies

### Finding

- Human influence found
- No human influence found
- Inconclusive

### Type of study

- Formal study
- Rapid assessment
- Trend

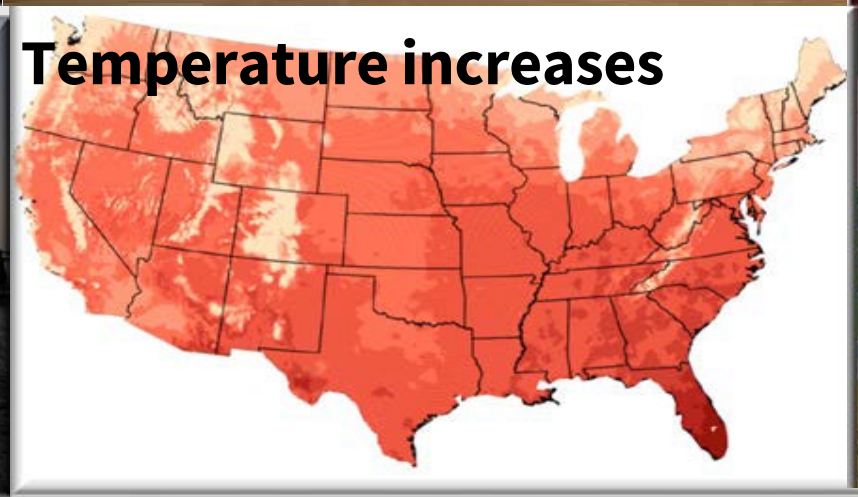
### Impact

- Atmosphere
- Cold, snow & ice
- Coral bleaching
- Drought
- Ecosystem function
- Heat
- Oceans
- Rain & flooding
- River flow
- Storm
- Sunshine
- Wildfire
- Compound

Select all Deselect all

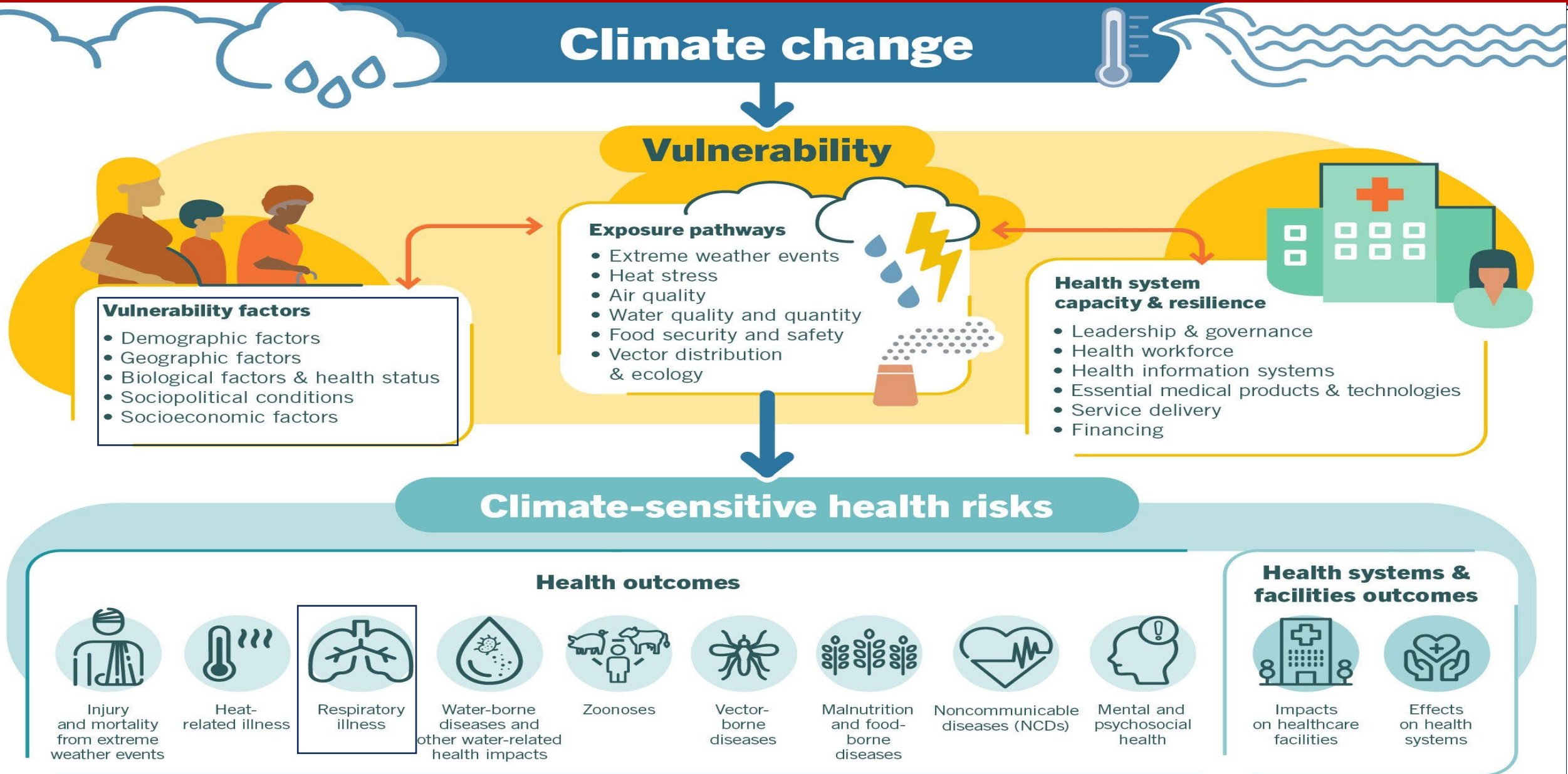


# What are the effects of climate change on planetary health?





# What are the Major Health Effects of Climate Change?



# Who? Climate Change and Health...affects all people, and some groups are more vulnerable



**PEOPLE WITH HEART OR LUNG DISEASES** are more vulnerable to particle pollution because of their conditions (such as congestive heart disease, coronary artery disease, asthma, or chronic obstructive pulmonary disease.)

**THE UNDERSERVED AND UNDER-RESOURCED** climate change disproportionately harms those with the fewest resources and the least capacity to respond to threats. Majority of those living near a toxic waste dump are people of color.

**OLDER ADULTS** also are considered at risk, because they are more likely to have heart and lung disease. (sometimes that disease hasn't been diagnosed yet.)

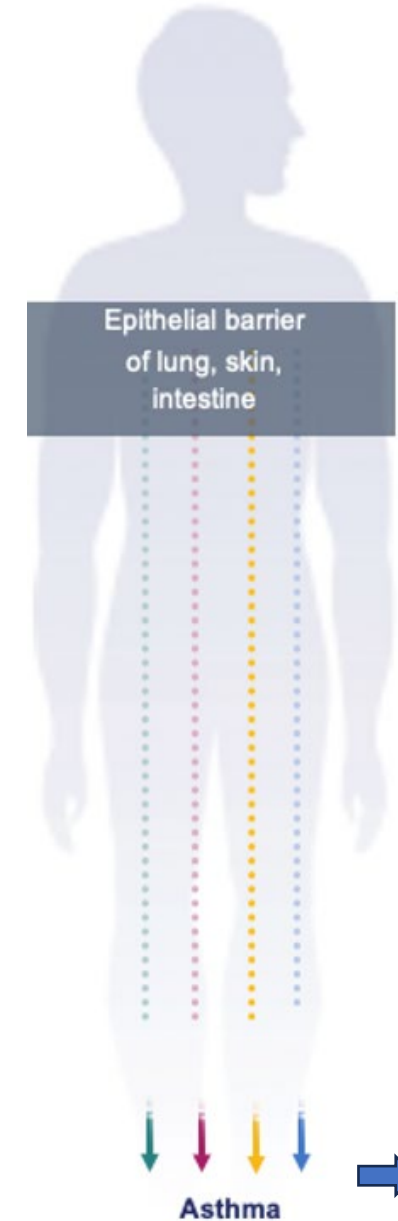
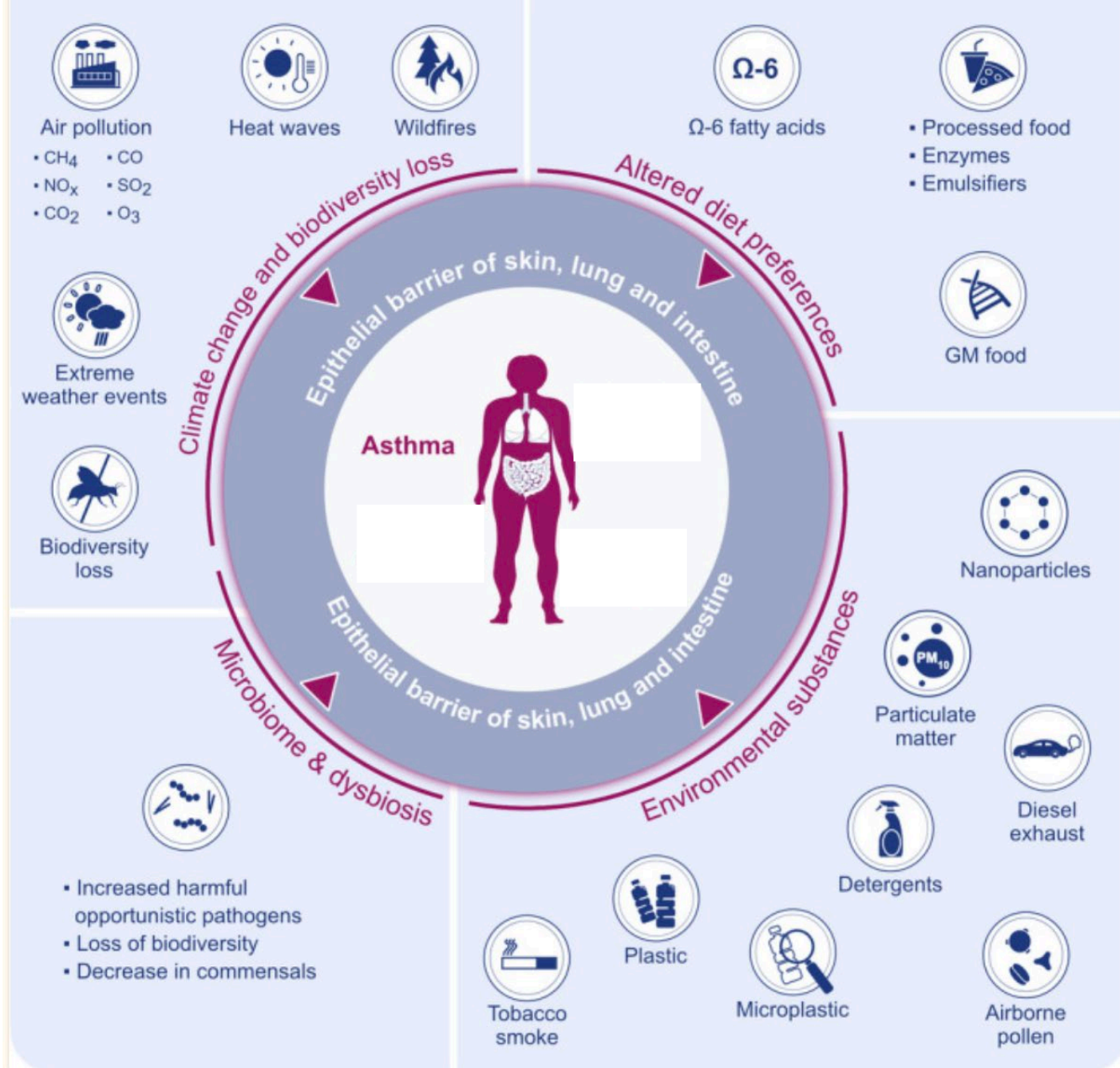
**CHILDREN** are at risk (primarily from chronic exposure), because they are more likely to be active, they breathe more air per pound of body weight than adults, and their bodies are still developing.

The **WHO** estimates that nearly 90% of the burden of disease attributable to climate change is borne by children under the age of 5, in both developing and developed countries.



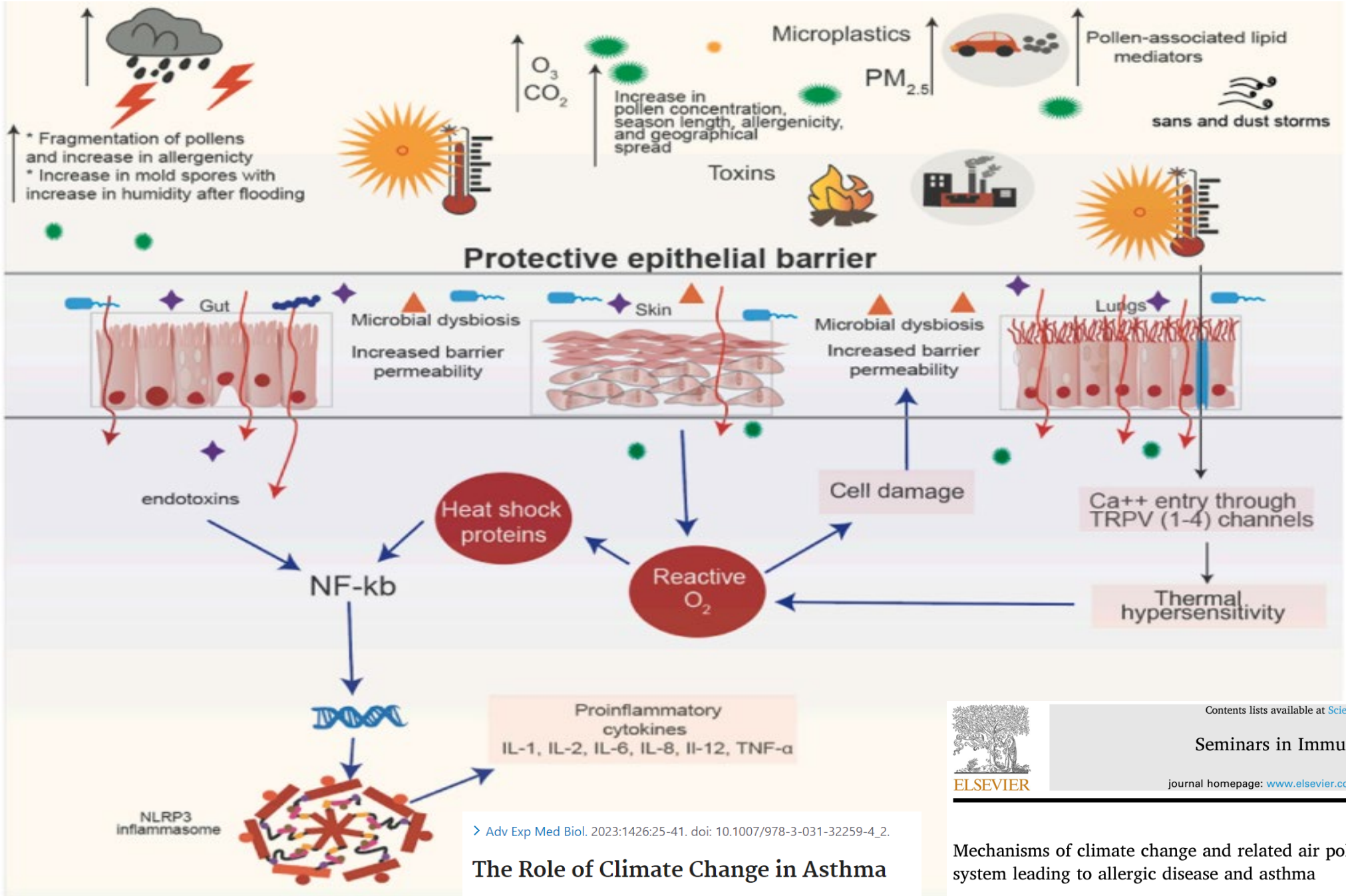
**When? Climate Change events Have been found to Cause and Worsen Asthma in:**

- Heat Waves
- Pollen increases
- Dust Storms
- Wildfires
- Air Pollution
- Biodiversity



Celebi Sozener Z, et al. Epithelial barrier hypothesis: Effect of the external exposome on the microbiome and epithelial barriers in allergic disease. Allergy. 2022 May;77(5):1418-1449. and Akdis, Boyd, Sampath, Galli, Nadeau Science Translational Medicine 2022 and IPCC report (Intergovernmental Panel on Climate Change-2022, 270 countries, 67 scientists/authors).

# Mechanisms of Climate Change-Associate events



> Adv Exp Med Biol. 2023;1426:25-41. doi: 10.1007/978-3-031-32259-4\_2.  
**The Role of Climate Change in Asthma**  
 Anna Goshua<sup>1</sup>, Vanitha Sampath<sup>2</sup>, Jo Ann Efobi<sup>2</sup>, Kari Nadeau<sup>2,3</sup>



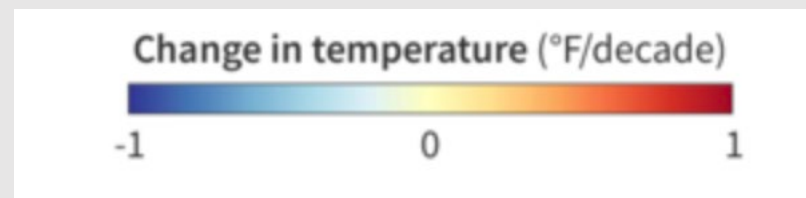
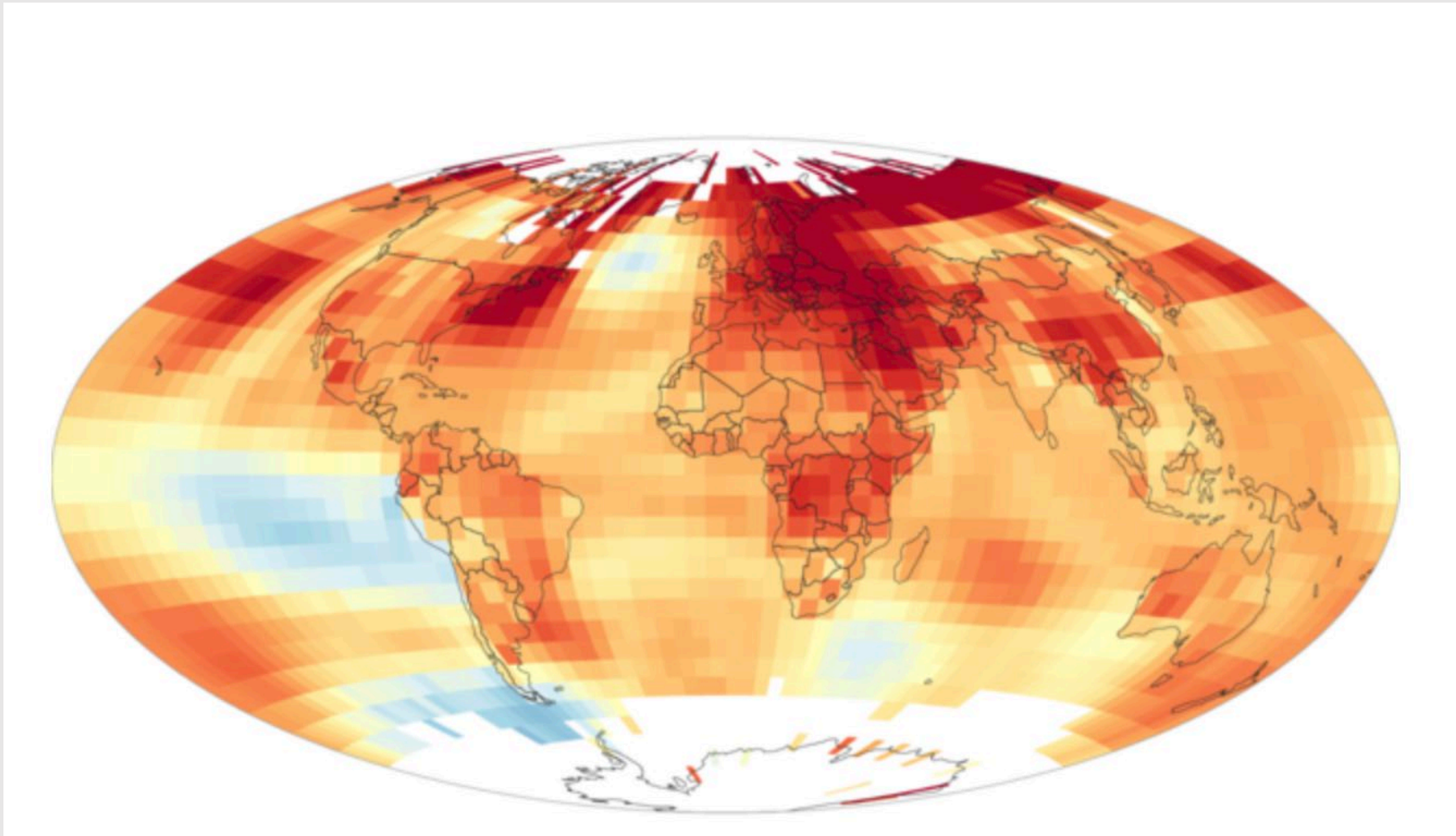
Contents lists available at ScienceDirect  
**Seminars in Immunology**  
 journal homepage: [www.elsevier.com/locate/ysmim](http://www.elsevier.com/locate/ysmim)



Mechanisms of climate change and related air pollution on the immune system leading to allergic disease and asthma

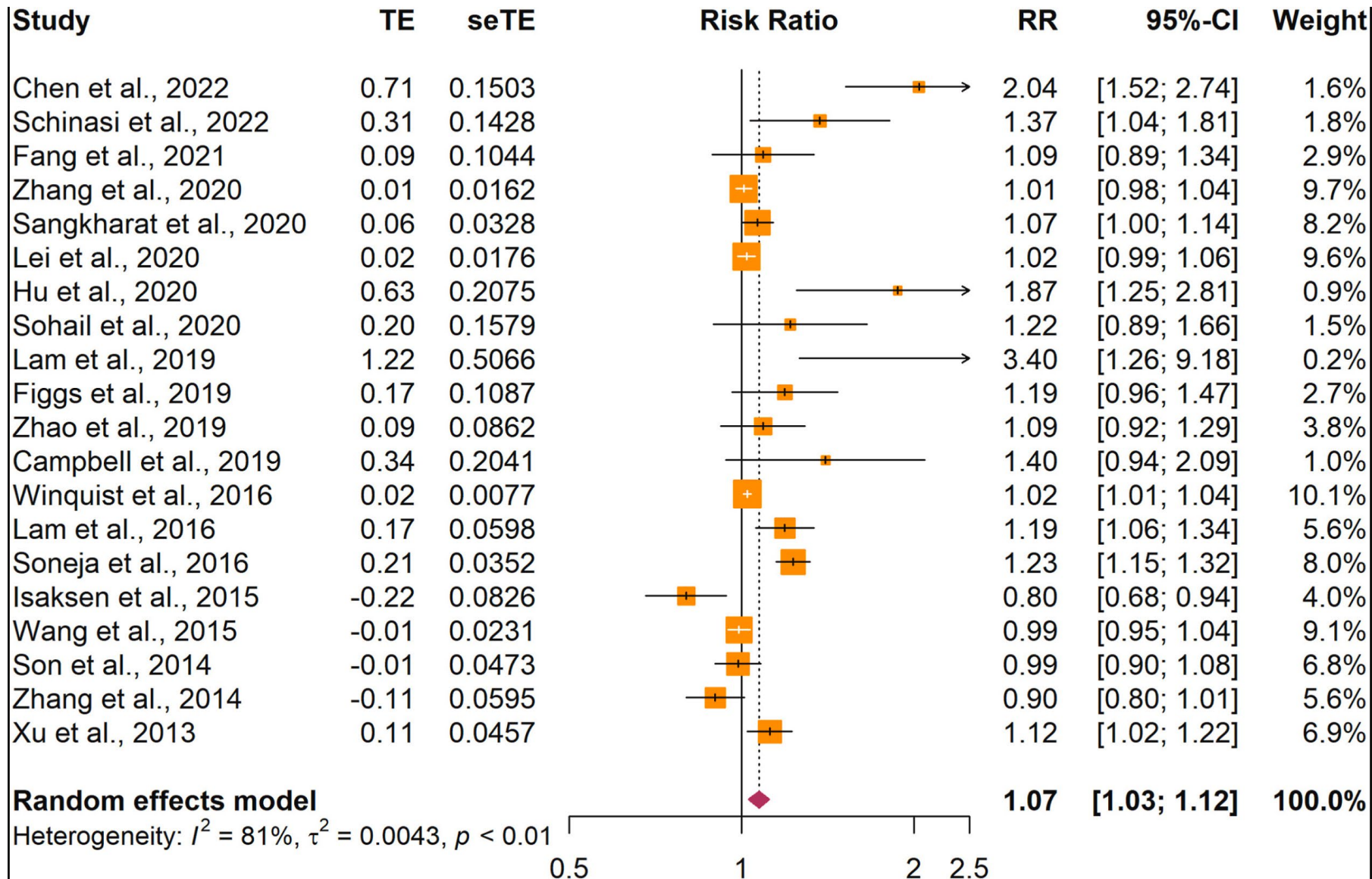
Vanitha Sampath<sup>a,\*,1,2</sup>, Juan Aguilera<sup>b,1,3</sup>, Mary Prunicki<sup>a,4</sup>, Kari C. Nadeau<sup>c,5</sup>

# Heat Waves: Recent Temperature Trends (1993-2022)



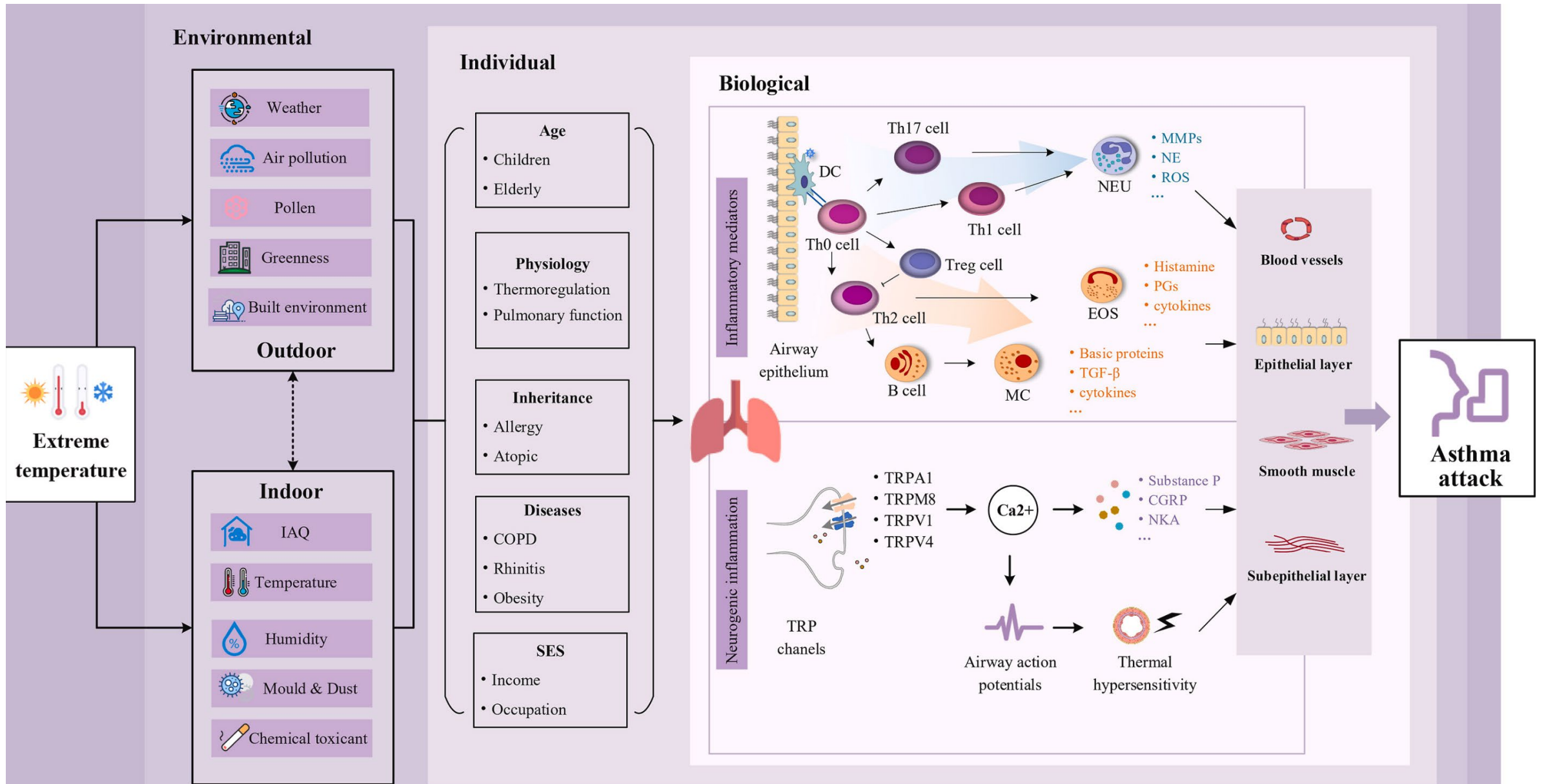


# Epidemiological Evidence of Heat Waves triggering asthma exacerbations



Han A, et al. Asthma triggered by extreme temperatures: From epidemiological evidence to biological plausibility. Environ Res. 2022 Oct 5;216(Pt 2):114489.

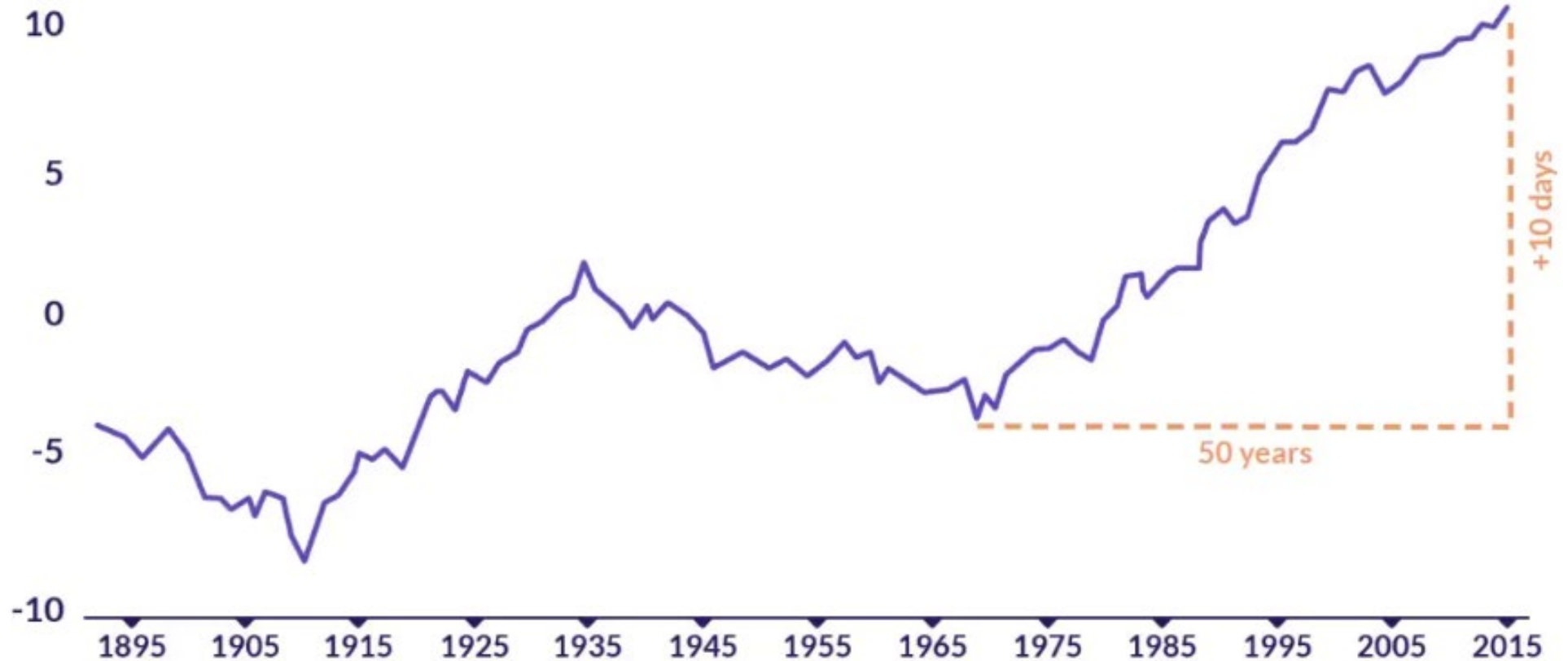
# Possible Mechanisms of how extreme temperatures trigger asthma exacerbations



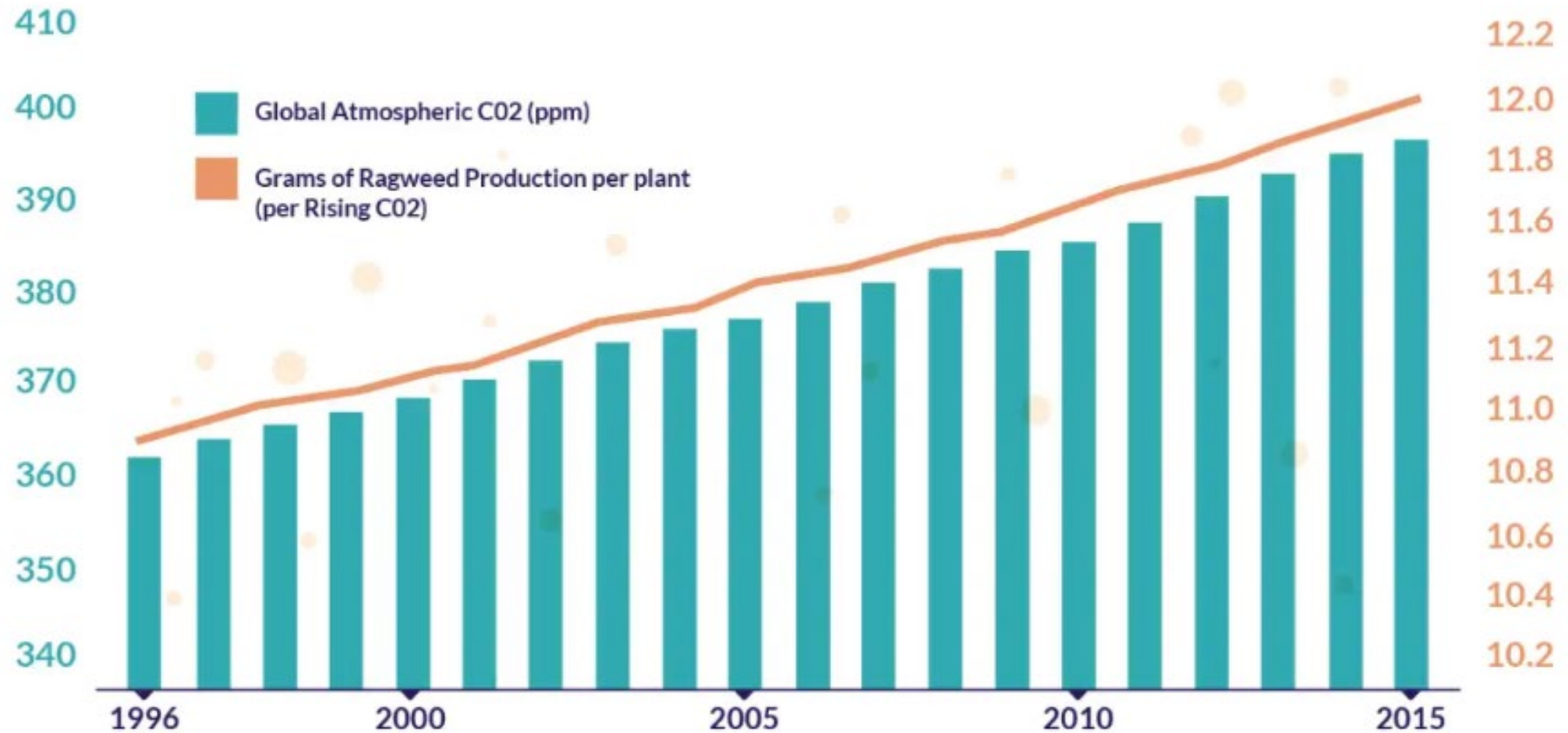
## Pollen and Climate Change:

# Deviation from average days above freezing in US

Over the past 50 years, the US plant growing season has increased 10 days on average



# Global atmospheric CO2 and ragweed pollen production

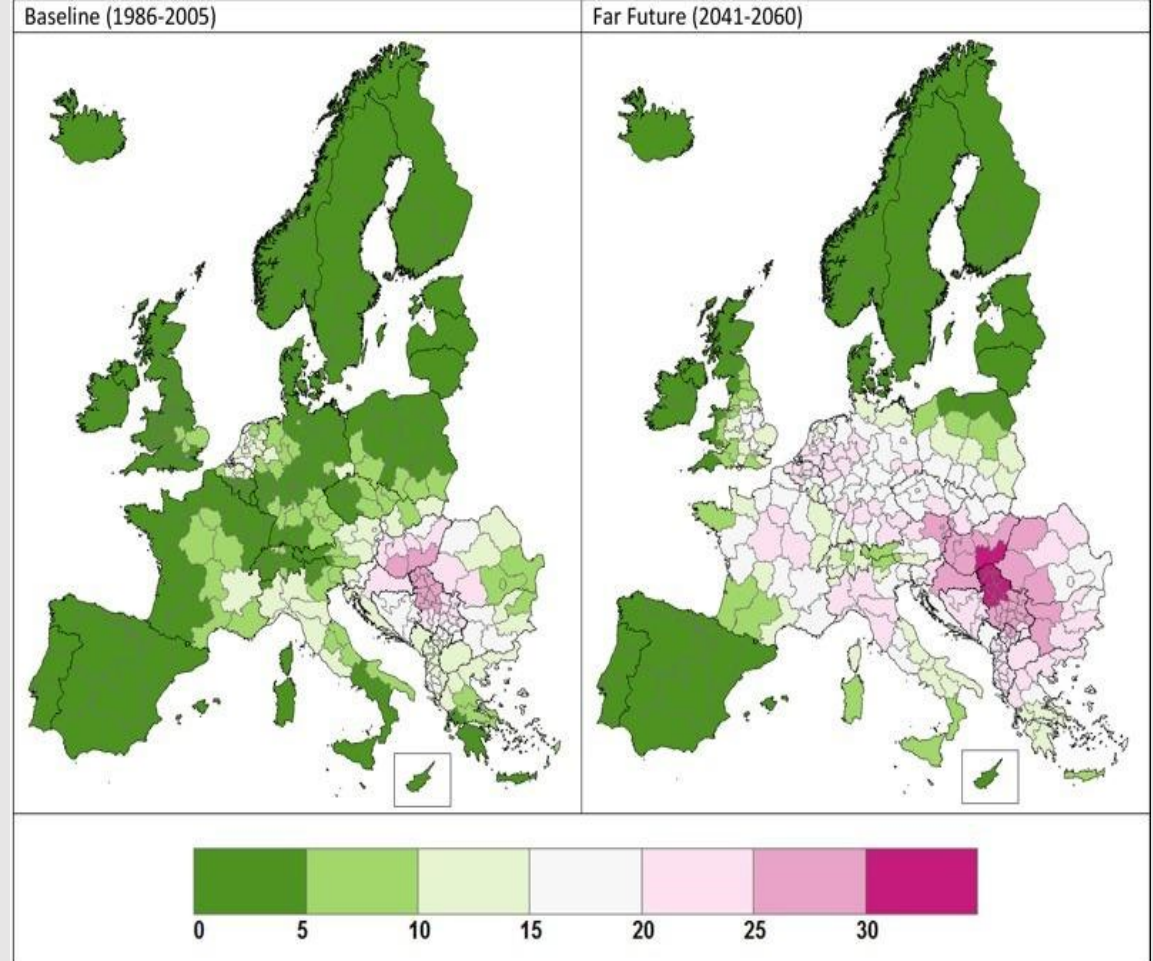
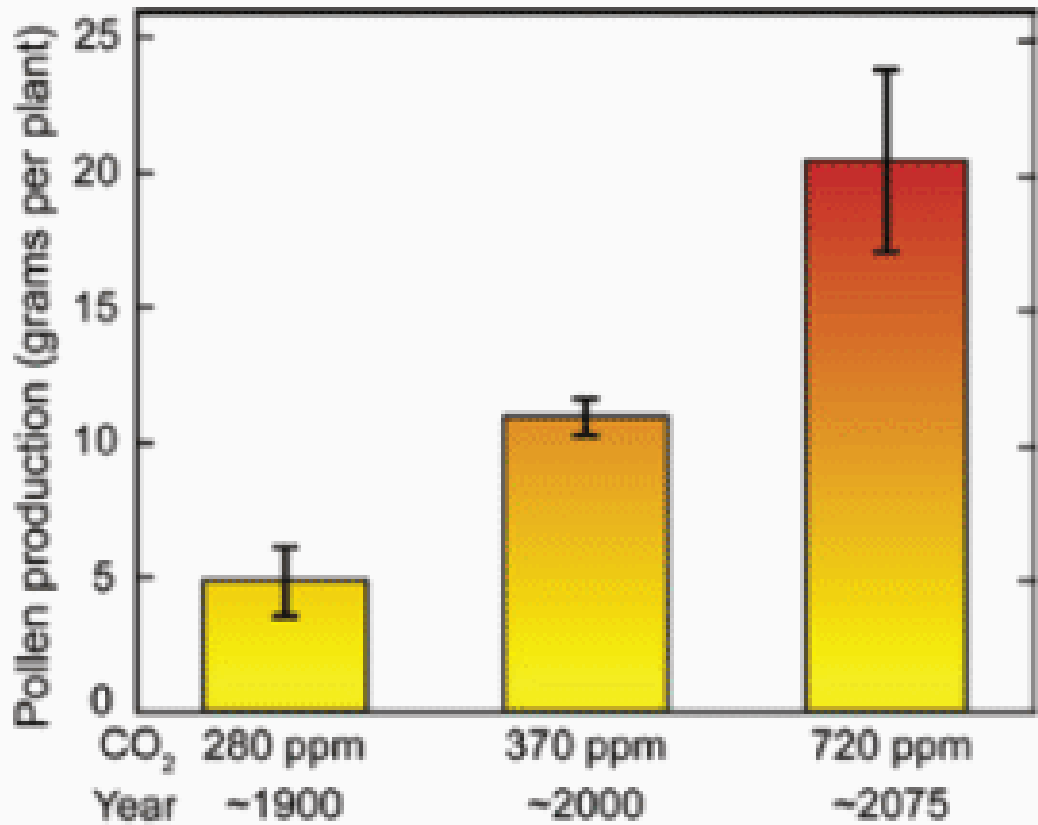


Source: AAFA/NWF



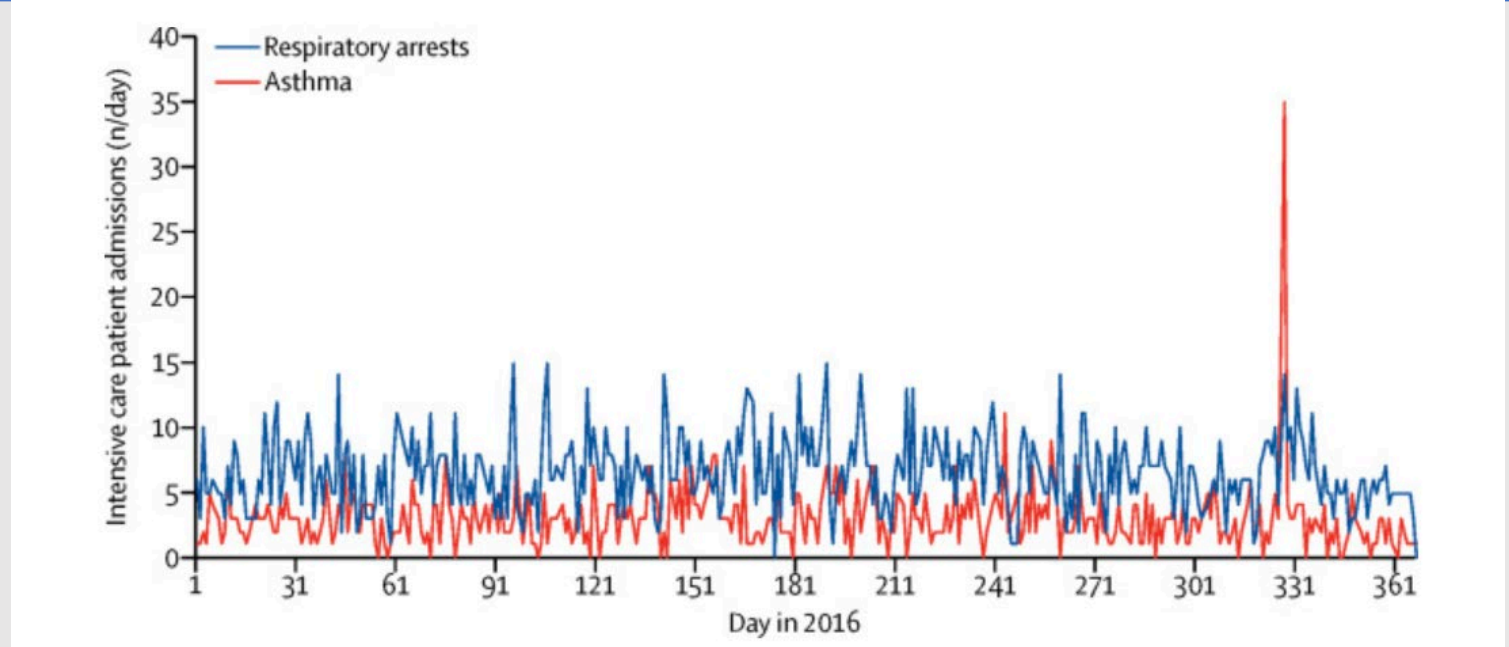
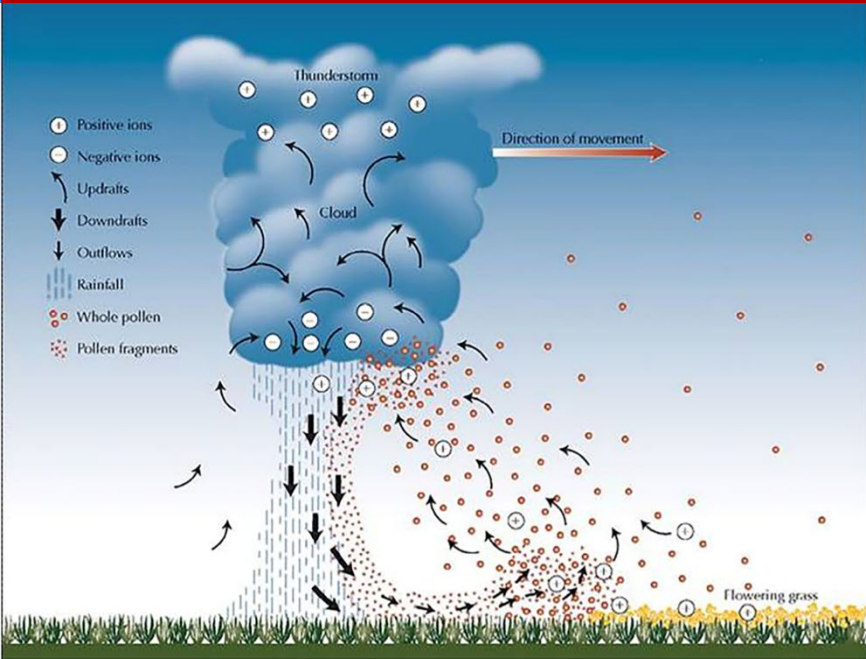
# Increases in Pollen Counts due to Climate Change over the next decades will likely be associated with increases in allergy and asthma exacerbations

Pollen Counts Rise with Increasing Carbon Dioxide

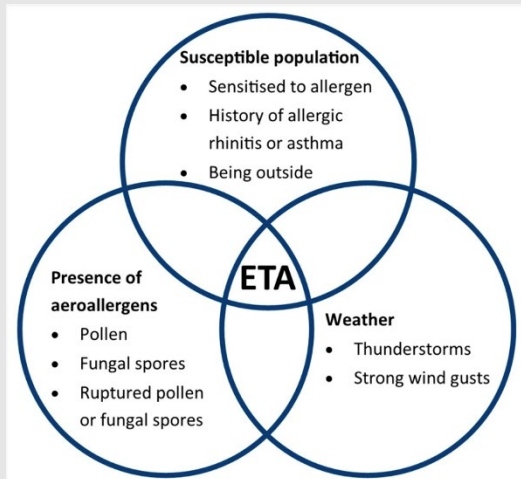


Modelled percentage of population sensitized to ragweed pollen at the baseline (left) and in the future assuming moderate greenhouse gases emissions scenario (RCP 4.5; right)

# Thunderstorm Asthma: An Example of Climate Change



Thunderstorm asthma event on November 21, 2016. Melbourne, Australia. Data show admissions to intensive care units (ICU) for asthma (red) and respiratory arrests (blue).

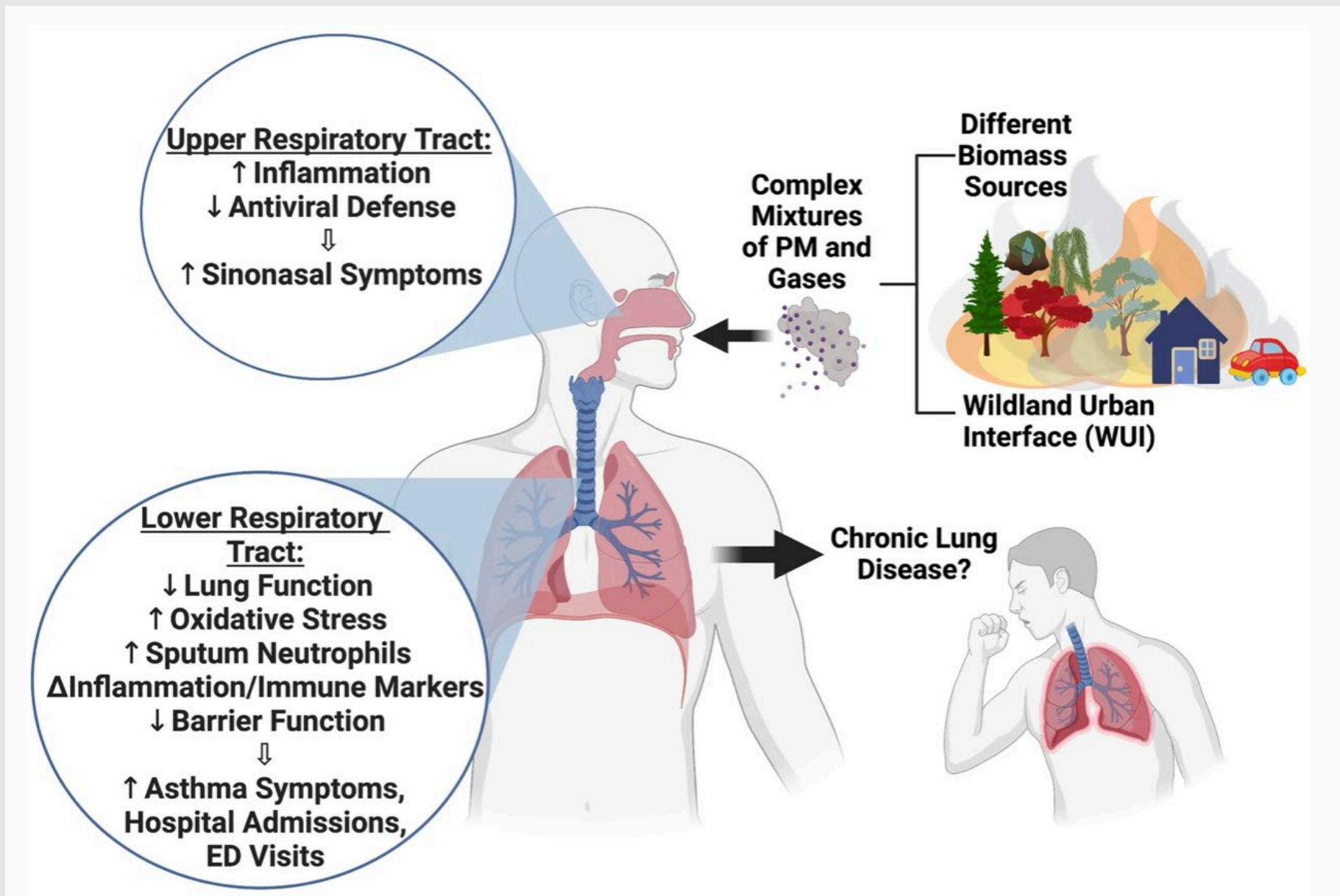


Within 30 h, there were 3365 (672%) excess respiratory-related presentations to emergency departments, and 476 (992%) excess asthma-related admissions to hospital.

3

5 individuals were admitted to an intensive care unit, all had asthma, 12 took inhaled preventers, and five died.

# Wildfire smoke increases asthma exacerbations





# WILDFIRES, CLIMATE CHANGE AND HEALTH

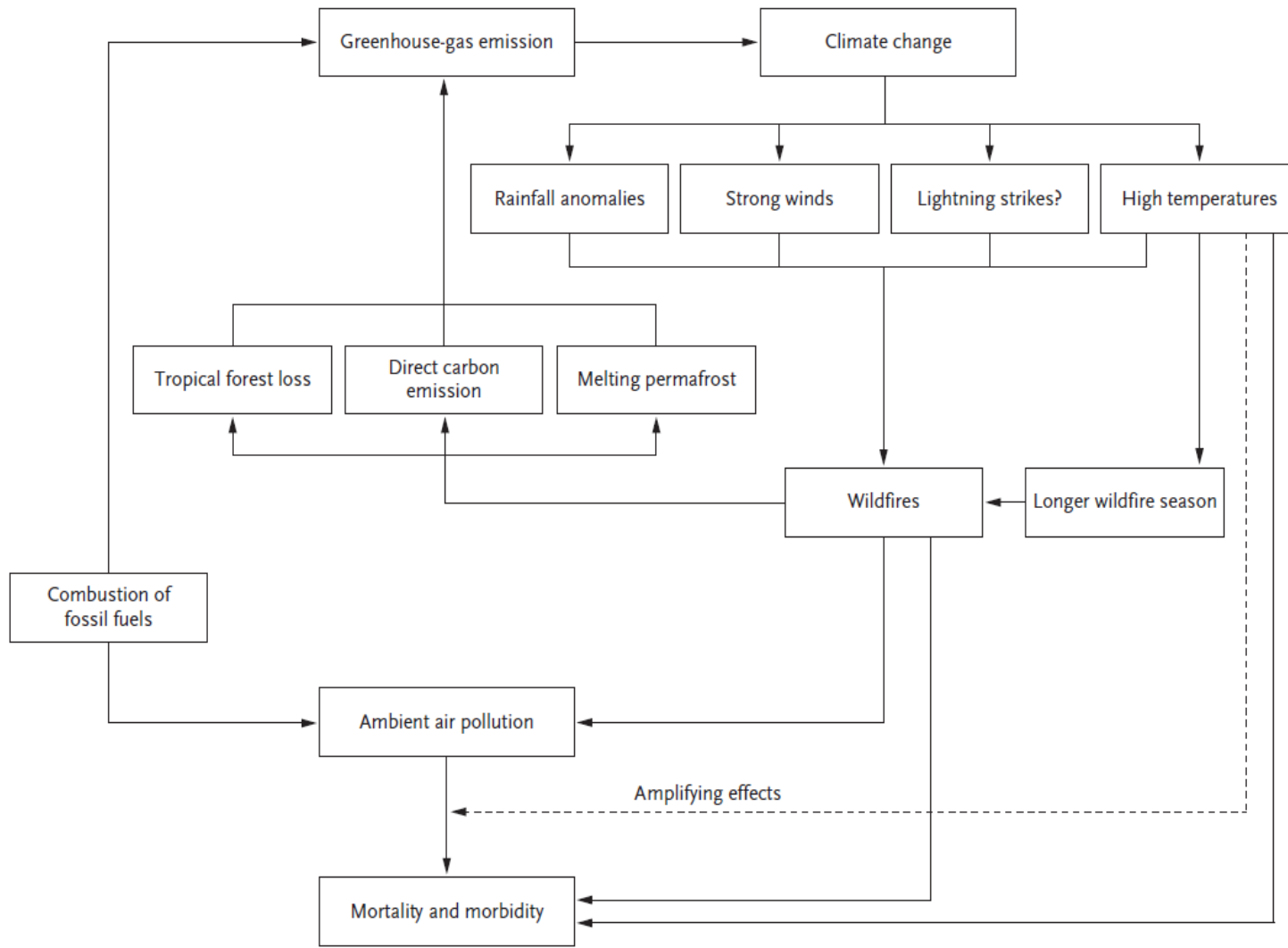


Figure 1. Potential Reinforcing Feedback Loop of Climate Change, Wildfires, and Health Risks.

Xu R, et al. NEJM. 2020

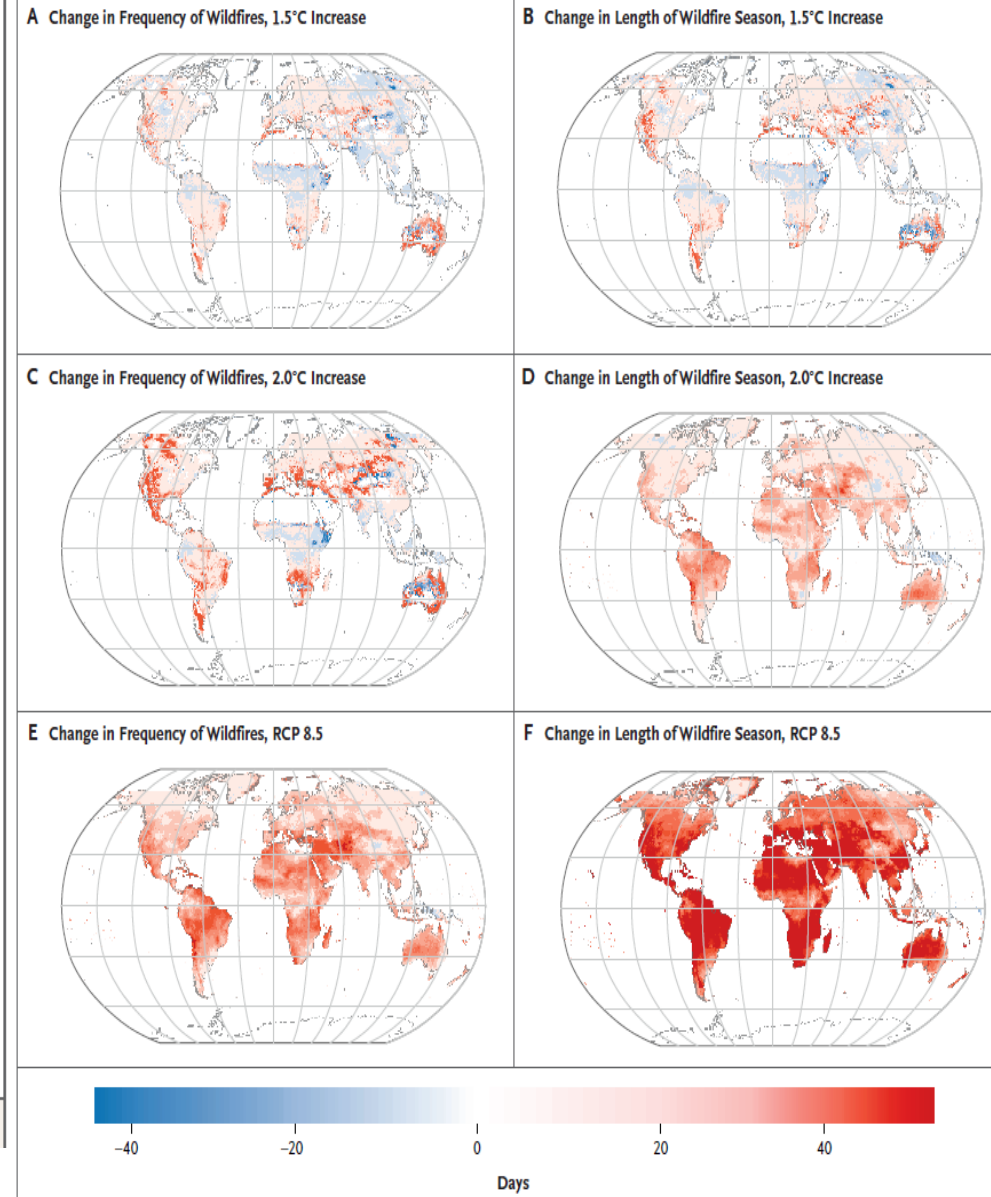
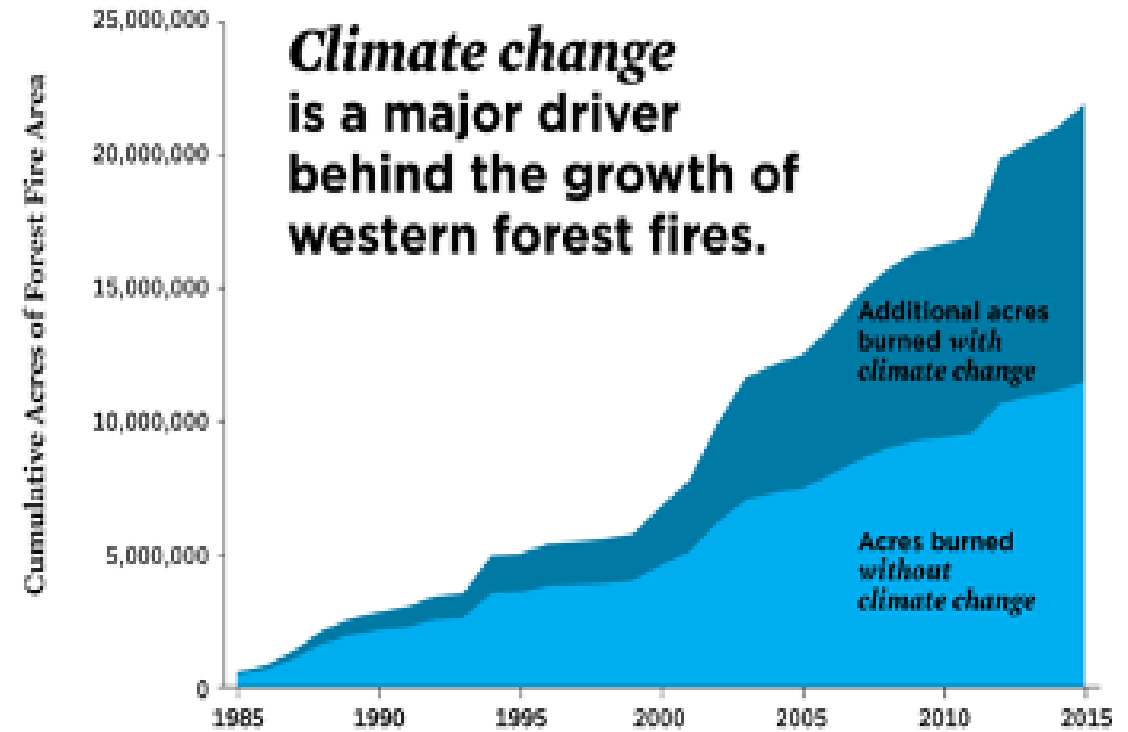
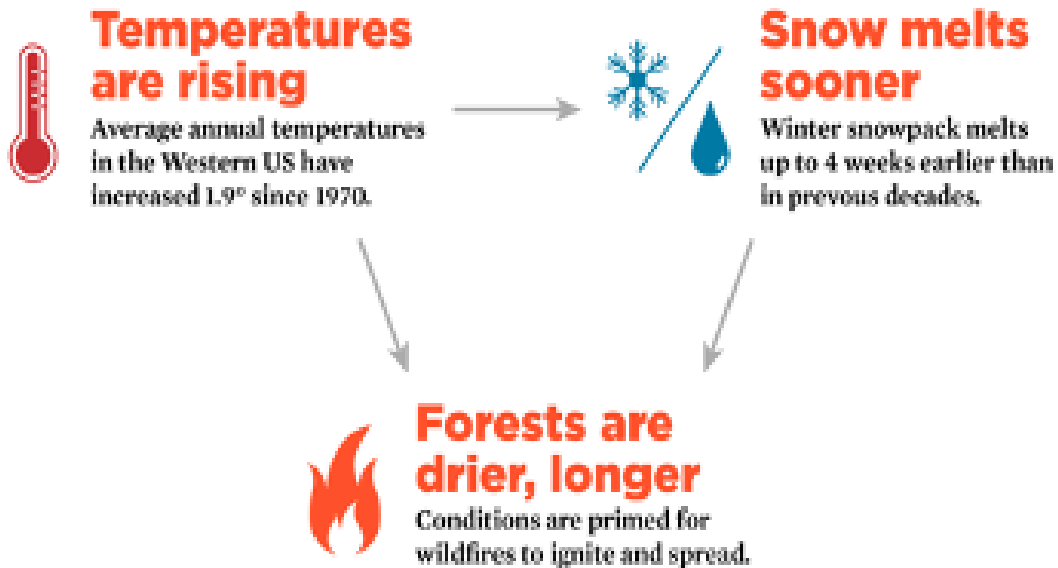


Figure 3. Projected Change from 1981-2000 to 2080-2099 in Frequency of Wildfires and Length of Wildfire Season, According to Global Mean Surface-Temperature Increase.

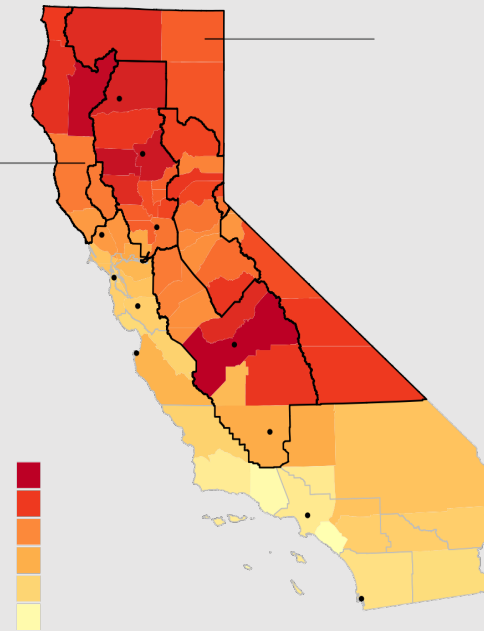
# Record Breaking Fires burn more acres in a world warmed by climate change



# Typical Smoke exposure is equivalent to 15-20 cigarettes per day and now wildfire is ~50% residential/commercial



Most counties in CA have 60 days or more smoky days/year due to wildfires



Even after 4-5 days of AQI 100-200, WFs are associated with  
-40% increase in heart attacks  
-20% increase in stroke  
-50% increase in asthma  
in certain ages

\*there is no safe distance from wildfire smoke  
10x more toxic than air pollution

Wildfires are spreading throughout the world and most are man-made: Arctic, Indonesia, Brazilian Rainforest, Australia, Kenya, Chile, China—leads to worsening greenhouse gas emissions and climate change

# BACKGROUND: WILDFIRE CHEMISTRY

## Primary air pollutants

- Particulate Matter (PM)
- CO
- Nitrogen oxides
- Polycyclic aromatic hydrocarbons (PAHs)
- Volatile organic compounds (VOCs)
- Trace minerals

## Secondary air pollutants

- Particulate Matter (PM)
- Ozone

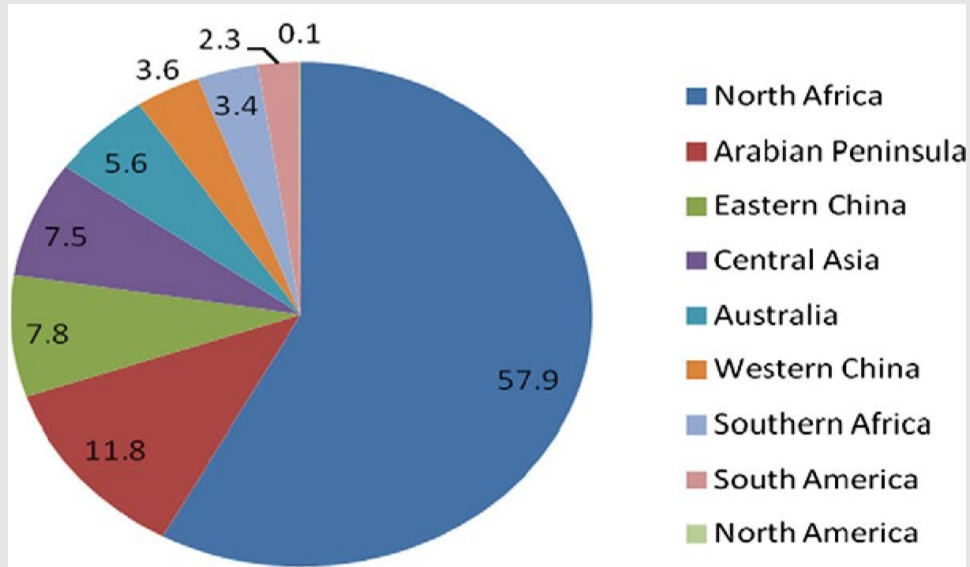
## When vehicles and buildings burn

- HCN, HCl, phosgene, metals
- toluene, styrene (disposable plastic dishes), dioxins, vinyl polymers (resin chairs, PVC pipes)
- Synthetics >10x PM than wood, most UFP < 150 nm





# Sand and dust storms and risk of asthma exacerbations



Age group	Lag
<15 years Dust >200	0
	1
	2
	3
	5

Association between Dust storm events (lag of 0-5 days) and respiratory disease in less than 15 yrs with dust at  $PM_{10} > 200 \mu g/m^3$



# AIR POLLUTION – THE SILENT KILLER

Every year, around **7 MILLION DEATHS** are due to exposure from both outdoor and household air pollution.

**Air pollution is a major environmental risk to health.** By reducing air pollution levels, countries can reduce:



Stroke



Heart disease



Lung cancer, and both chronic and acute respiratory diseases, including asthma

## REGIONAL ESTIMATES ACCORDING TO WHO REGIONAL GROUPINGS:



- Over 2 million** in South-East Asia Region
- Over 2 million** in Western Pacific Region
- Nearly 1 million** in Africa Region
- About 500 000** deaths in Eastern Mediterranean Region
- About 500 000** deaths in European Region
- More than 300 000** in the Region of the Americas

*“Wildfire smoke is unraveling decades of air quality gains” (Childs, Burke, et al. 2022)*

WHO AQGs 2021 recommend **annual mean concentrations of PM<sub>2.5</sub> not exceeding 5 µg/m<sup>3</sup> and NO<sub>2</sub> not exceeding 10 µg/m<sup>3</sup>** and the peak season mean 8-h O<sub>3</sub> concentration not exceeding 60 µg/m<sup>3</sup>.

Garcia E, Rice MB, Gold DR. Air pollution and lung function in children.

J Allergy Clin Immunol. 2021 Jul;148(1):1-14

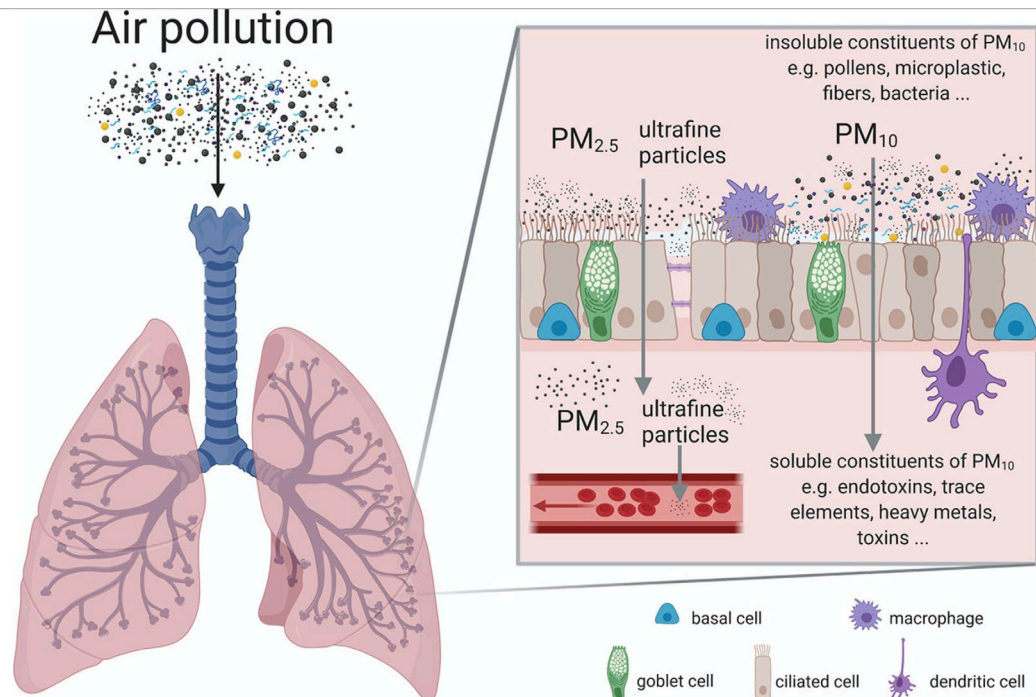


REVIEW

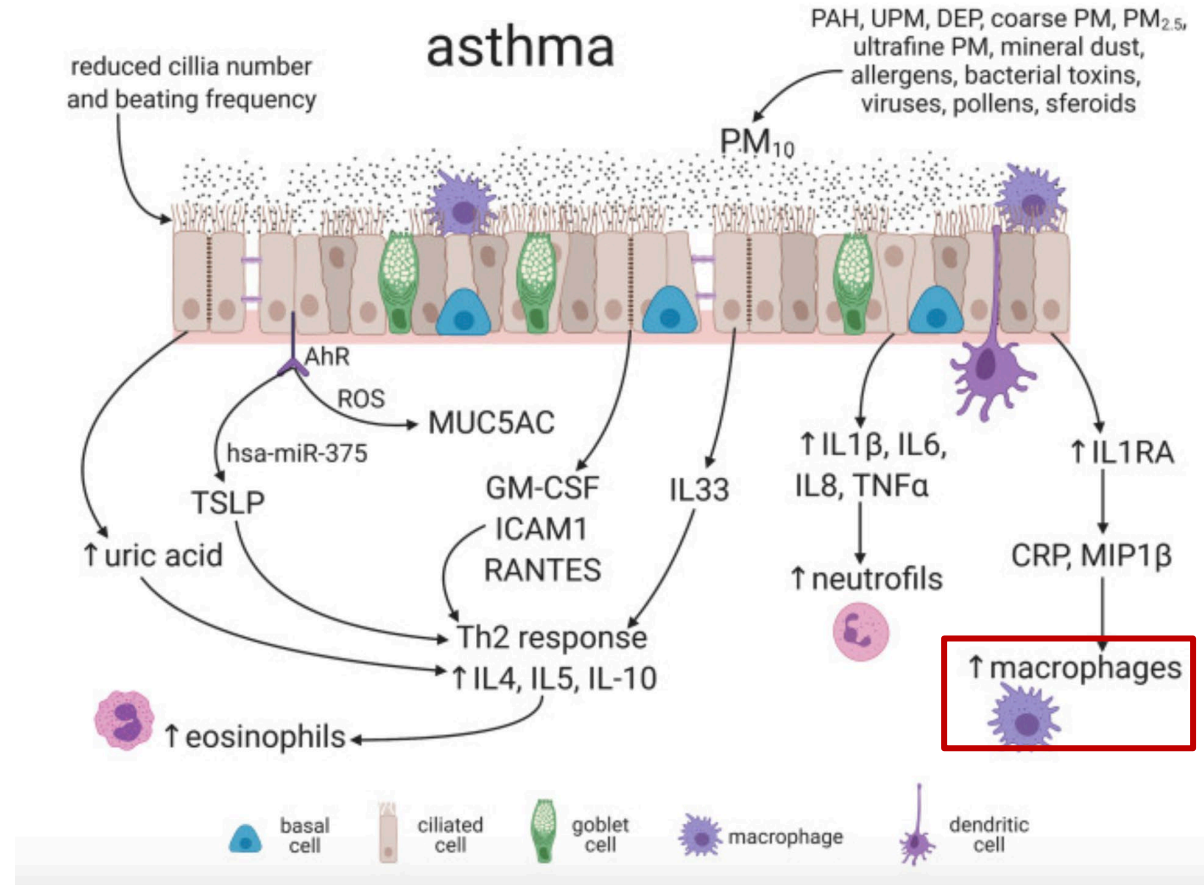
Open Access

# The first 1000 days of life: traffic-related air pollution and development of wheezing and asthma in childhood. A systematic review of birth cohort studies

Alessandra Bettiol<sup>1</sup>, Elena Gelain<sup>2</sup>, Erika Milanese<sup>3</sup>, Federica Asta<sup>4</sup> and Franca Rusconi<sup>5\*</sup>



*“most studies found a positive association between PM (7/10 studies) and NOx (11/13 studies) and the risk of asthma development”*



Misiukiewicz-Stepien P, Paplinska-Goryca M. Biological effect of PM<sub>10</sub> on airway epithelium-focus on obstructive lung diseases. Clin Immunol. 2021 Jun;227:108754.

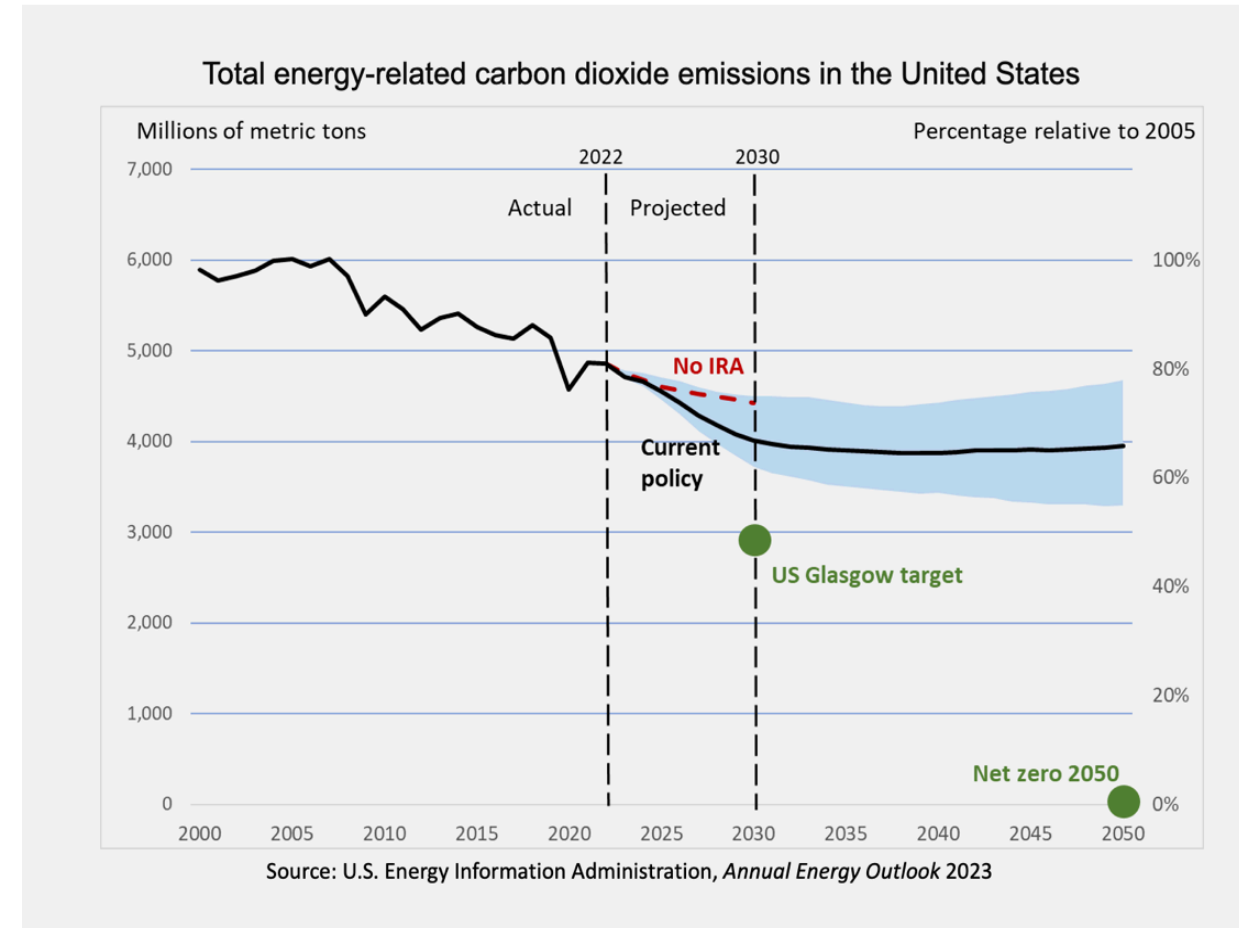
# A reason to have a balanced view for the future

## Positives:

- More education occurring on climate change and health
- Youth movement is active and growing
- COP28 focused on health—143+ countries signed declaration on climate and health
- 50+ nations have signed on to decarbonize their health care systems
- Cost of clean energy has been substantially lowered
- Sales of EVs have increased by 60% in some locations
- Policy changes-IRA and EJ focus

## Negatives:

- 20 nations responsible for 76% of GHG emissions
- 6 major countries contribute the most
- Need a blended finance model to work with LMIC countries
- We are heading to 2.8 C (5 F) if stay with current policies
- By 2050, we are supposed to be at net zero but at current trajectory, only 1/3 of the way
- Need to work with health inequities in climate change
- Demand on Electric system –need more federal authority to provide infrastructure



## **Adaptation**

**Build defenses and prepare for the consequences of climate change.**

## **Mitigation**

Slow down (or stop) the warming of the atmosphere by stabilizing greenhouse gas emissions

# Adaptation: Personal action



Review > [J Thorac Dis.](#) 2015 Jan;7(1):96-107. doi: 10.3978/j.issn.2072-1439.2014.12.21.

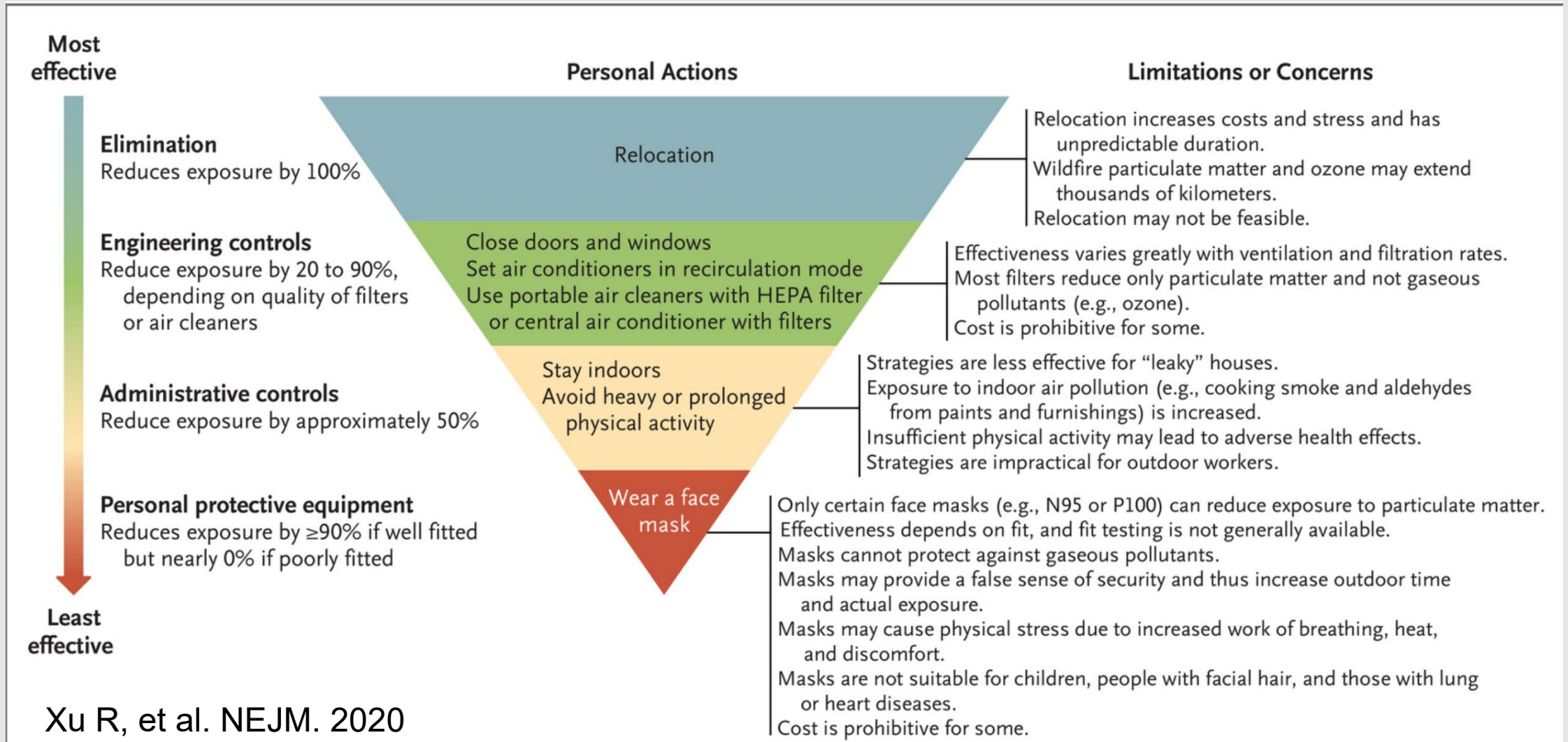
## What can individuals do to reduce personal health risks from air pollution?

[Robert Laumbach](#)<sup>1</sup>, [Qingyu Meng](#)<sup>1</sup>, [Howard Kipen](#)<sup>1</sup>





# Adaptation: Personal action





# Adaptation: Masks

## What adaptation benefit do filters and masks give us?

### Face masks' effectiveness against severe air pollution

4 October 2021

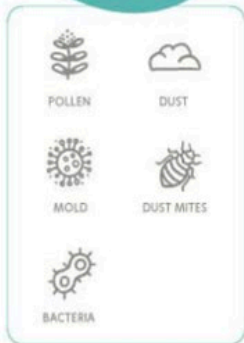
Experiments and modeling confirm the superiority of N95 respirators to cloth and surgical masks in filtering the fine particles in wildfire smoke.

R. Mark Wilson

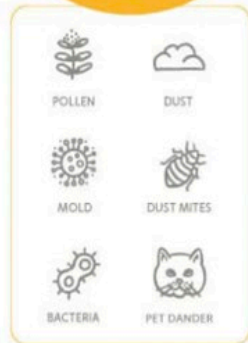
## Filter Ratings Explained

MERV • MPR • FPR

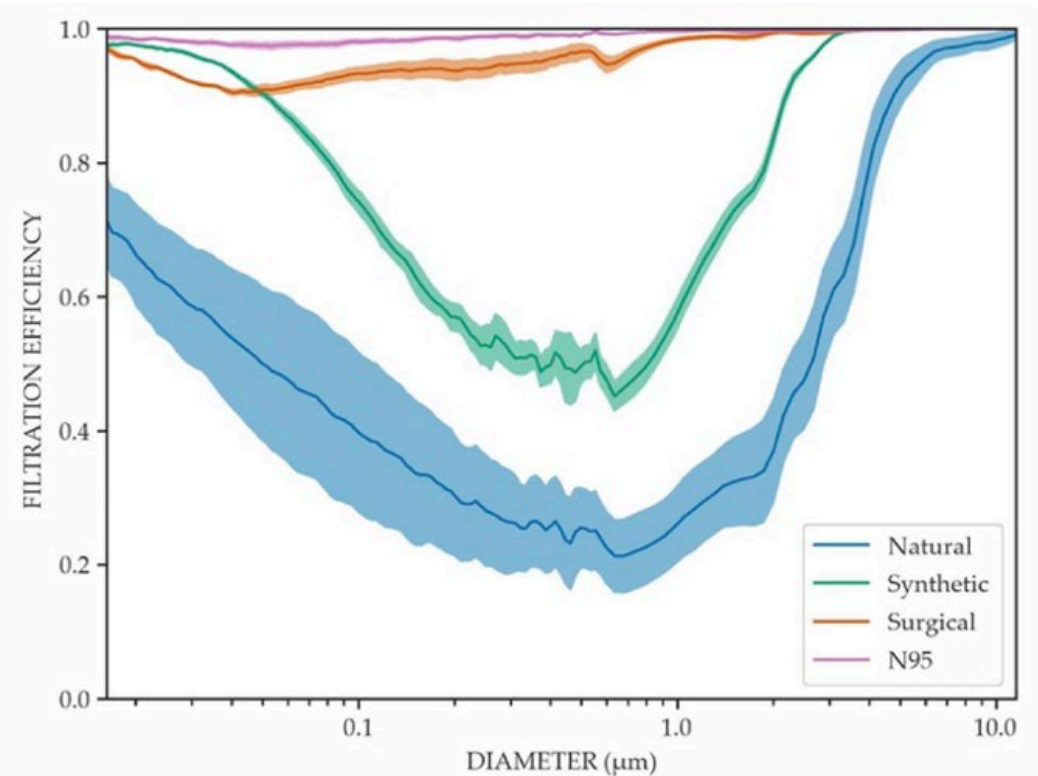
Catch Some  
**MERV 8**  
Compares to  
**MPR 600**  
**FPR 5**



Catch More  
**MERV 11**  
Compares to  
**MPR 1000-1200**  
**FPR 7**



Catch All\*  
**MERV 13**  
Compares to  
**MPR 1500-1900**  
**FPR 10**



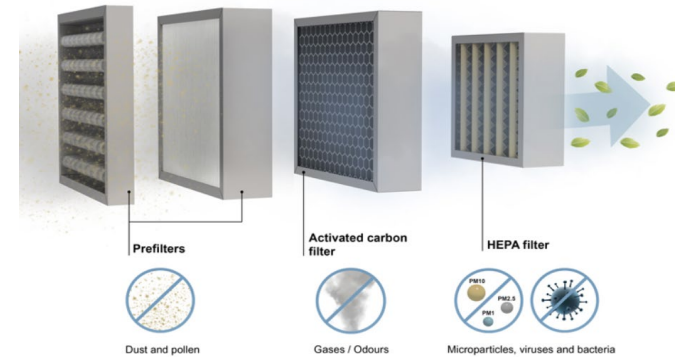
Credit: J. K. Kodros et al., *Geothalth* 5, e2021GH1000482 (2021)

# Adaptation: HEPA filters

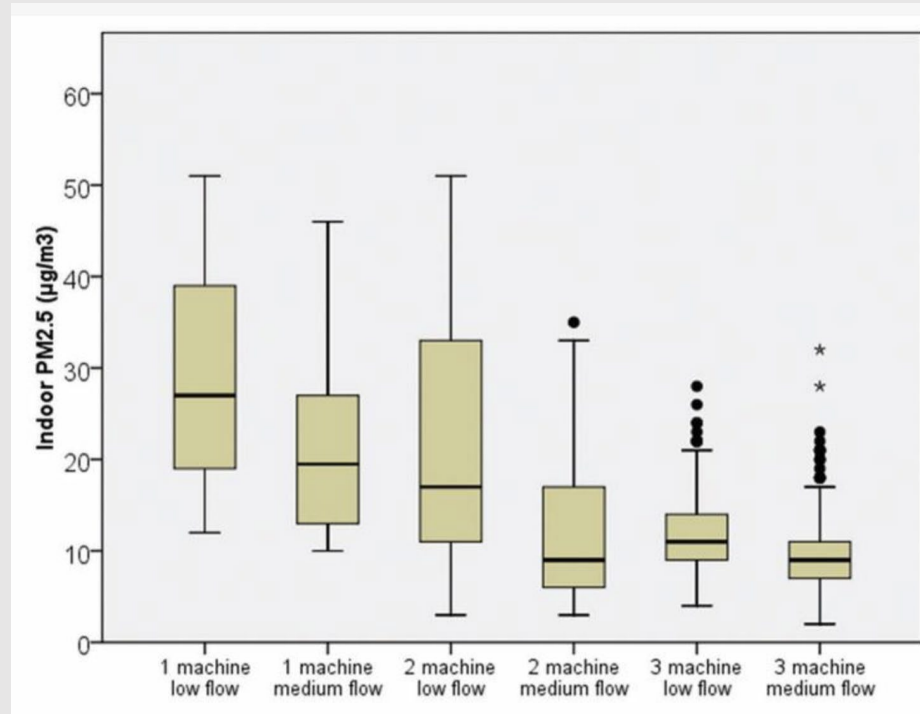
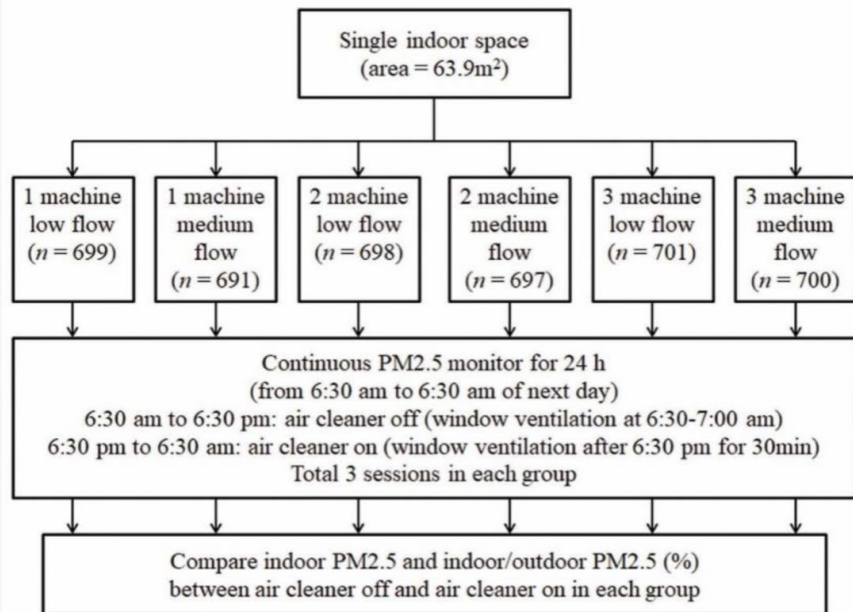
> Int J Environ Res Public Health. 2022 Sep 13;19(18):11517. doi: 10.3390/ijerph191811517.

## Efficacy of HEPA Air Cleaner on Improving Indoor Particulate Matter 2.5 Concentration

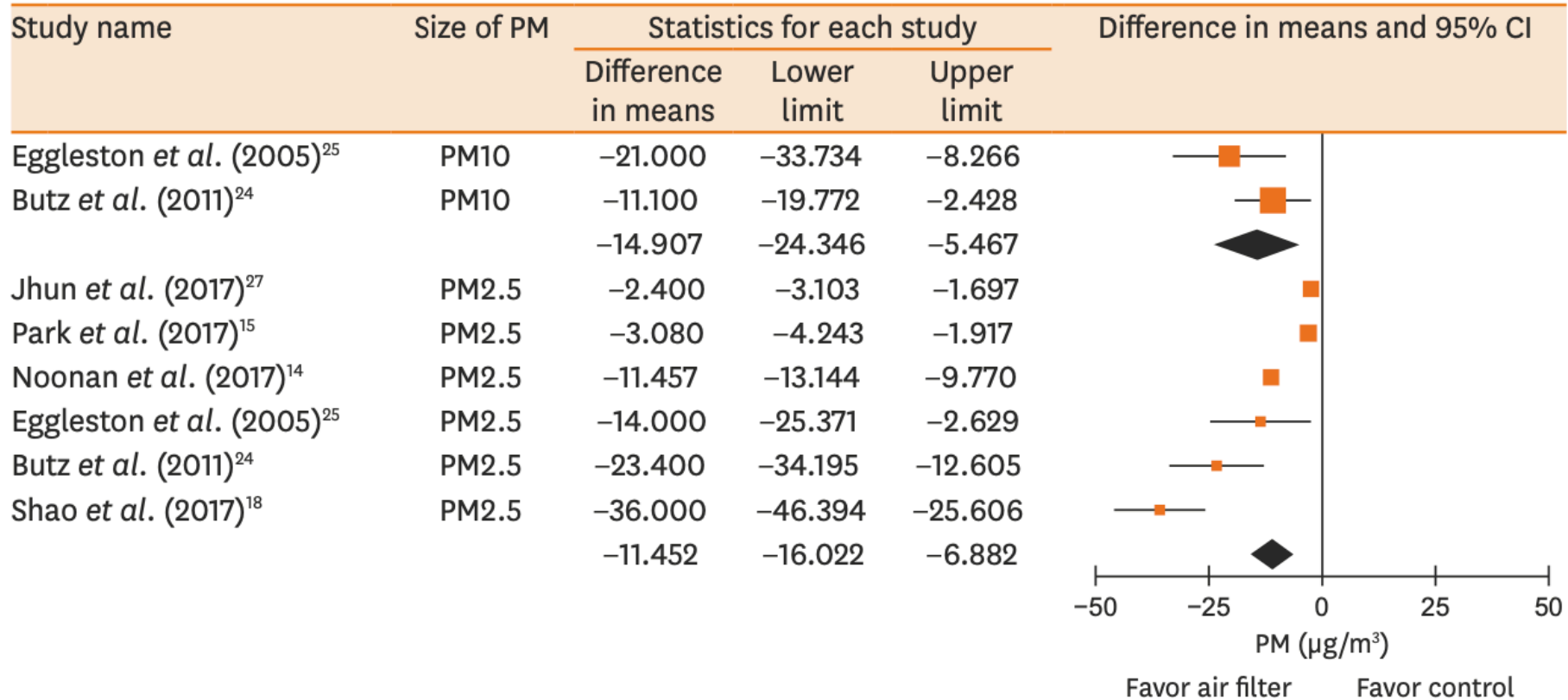
Chiu-Fan Chen<sup>1</sup>, Chun-Hsiang Hsu<sup>1</sup>, Yu-Jung Chang<sup>2</sup>, Chao-Hsien Lee<sup>3</sup>, David Lin Lee<sup>1,4</sup>



**Figure 1.** Flow chart of air cleaner study. For each experiment (24 h each time, totaling 3 times in each group), in the first 12 h the air cleaner is turned off. Then in the following 12 h, the air cleaner is turned on to evaluate the efficacy of indoor PM<sub>2.5</sub> removal.



# Pooled estimates on the reduction of PM according to air filter use



**Fig. 2.** Pooled effect estimates on the reduction of PM according to air filter use. The forest plot shows the reduction of PM in the included studies. The studies are sorted according to the baseline concentration of PM<sub>2.5</sub>. PM, particulate matter; CI, confidence interval.



# Effect of air filter use on lung function: Overall Improvement shown

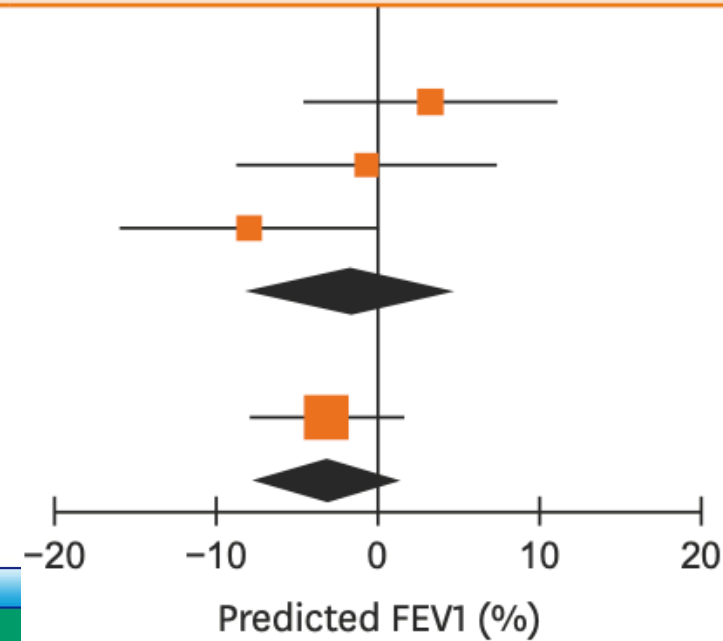
Study or subgroup	Statistics for each study			P-value	Difference in means and 95% CI
	Difference in means	Lower limit	Upper limit		

## Asthma

Jhun <i>et al.</i> (2017) <sup>27</sup>	3.250	-4.558	11.058	0.415
Noonan <i>et al.</i> (2017) <sup>14</sup>	-0.710	-8.800	7.380	0.863
Eggleston <i>et al.</i> (2005) <sup>25</sup>	-8.000	-16.043	0.043	0.051
	-1.771	-8.252	4.710	0.592

## COPD

Shao <i>et al.</i> (2017) <sup>18</sup>	-3.180	-7.934	1.574	0.190
	-3.180	-7.934	1.574	0.190



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### FEATURED ITEMS

#### \$\$\$ Clean Air Rebates and Grants for Residents and Businesses \$\$\$



Consider public health before using a wood burning device. Learn more about Rule 4901



AB617 Reducing emissions in disadvantaged communities



Big money available for Zero Emission Landscaping Equipment



Community Level Monitoring at Refineries



Click here to see if wildfire smoke is affecting the Valley's air quality.



Incentives available for phaseout of Ag Burning

AB 617 Community Air Program   Air Quality Information   Business, Agriculture & Land Use   Compliance   Incentive Programs   News, Outreach & Education

Home / Grants / Clean Air Rooms Program

## Clean Air Rooms Program



# Adaptation to Wildfires Through Forest Management: Prescribed Fire vs Thinning vs No Treatment

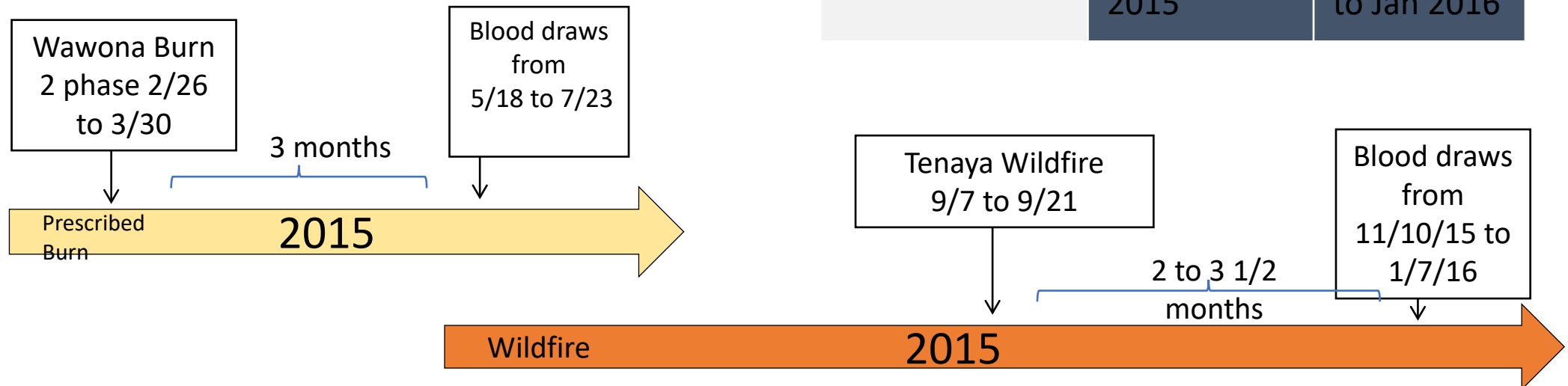




# Adaptation: Prescribed burns versus wildfires

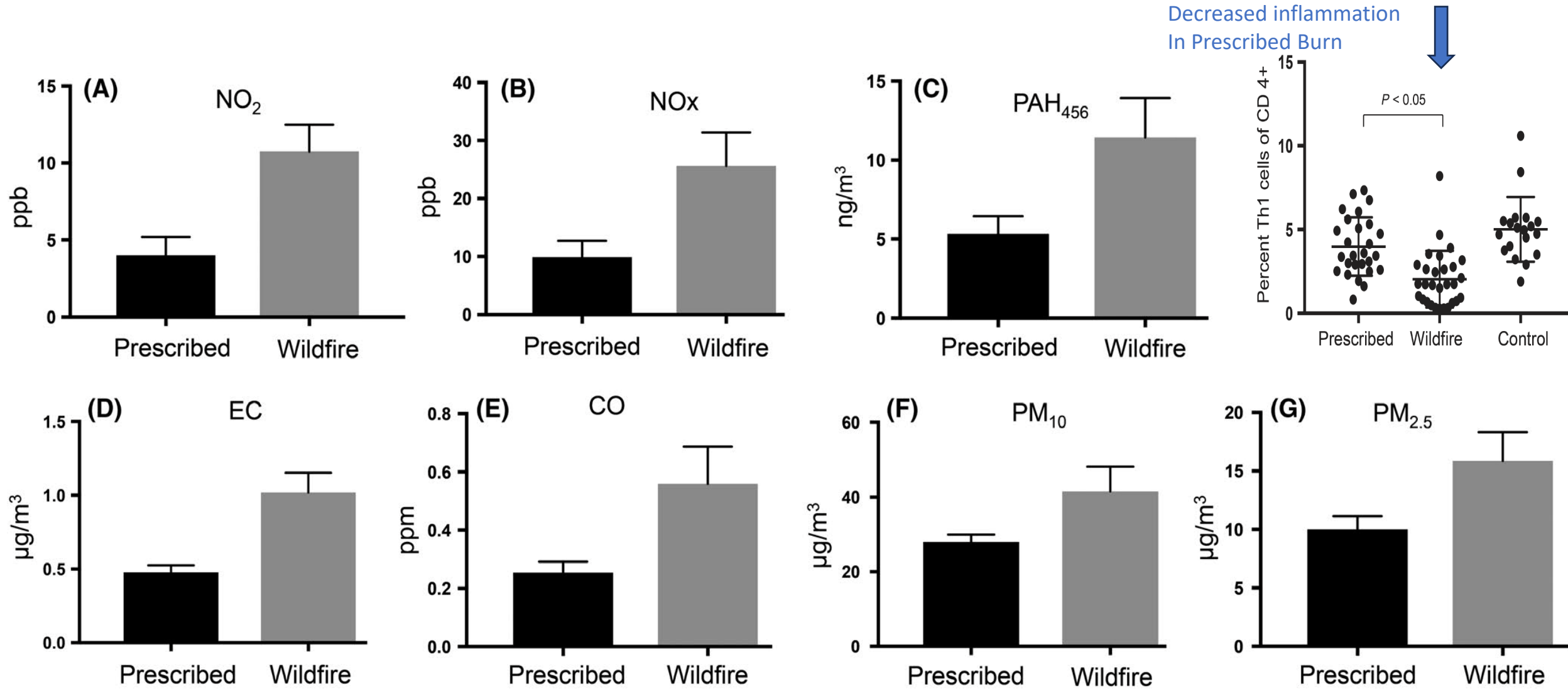
Hypothesis: The health impacts of a prescribed fire are less detrimental to the respiratory and cardiovascular systems than a wildfire in school-aged children.

Demographic Variable	Prescribed Burn Subjects (n=32)	Wildfire Subjects (n=36)
% Female	40.6% (13/32)	41.7% (15/36)
% Asthmatics	37.5% (12/32)	25% (9/36)
Age	7.16 yrs	7.56 yrs
Period	May to July 2015	Nov 2015 to Jan 2016





# Adaptation: wildfire vs prescribed burns



U.S. >

# Biden's Fifth National Climate Assessment found these 5 key ways climate change is affecting the entire U.S.

BY LI COHEN  
NOVEMBER 15, 2023 / 2:22 PM EST / CBS NEWS

The Commission recommends policy solutions that address the logistical, policy, and resource-related barriers to the beneficial use of fire and also provide means for better protecting public health. The Commission highlights the need for inclusive, collaborative pre-fire planning to help share decision-making, enable mutual understanding, and facilitate the consideration of tradeoffs associated with various wildfire response and management decisions.

## Our research work enabled policy changes for Wildland Fire Mitigation and Management

Beneficial fire=Prescribed fire

# Biden-Harris Administration's Wildland Fire Mitigation and Management Commission Releases Report Outlining Comprehensive Recommendations to Change the Nation's Relationship with Wildfire

WASHINGTON, Sept. 27, 2023 – Today, the Wildland Fire Mitigation and Management Commission released [its report](#) (PDF, 5.3 MB) outlining a comprehensive, consensus-based set of recommendations to Congress to address the nation's wildfire crisis.

The Commission, created by President Biden's [Bipartisan Infrastructure Law](#) and [announced in December 2021](#), was charged

**Press Release**  
Release No. 0200.23  
**Contact:** USDA Press  
**Email:** [press@usda.gov](mailto:press@usda.gov)

# Health of the Planet and its Peoples are interconnected

The future health of the planet and human health are inextricably linked.



The theme of the 2022 World Health Day was “Our planet, our health,” which highlighted the interconnectedness of the two.



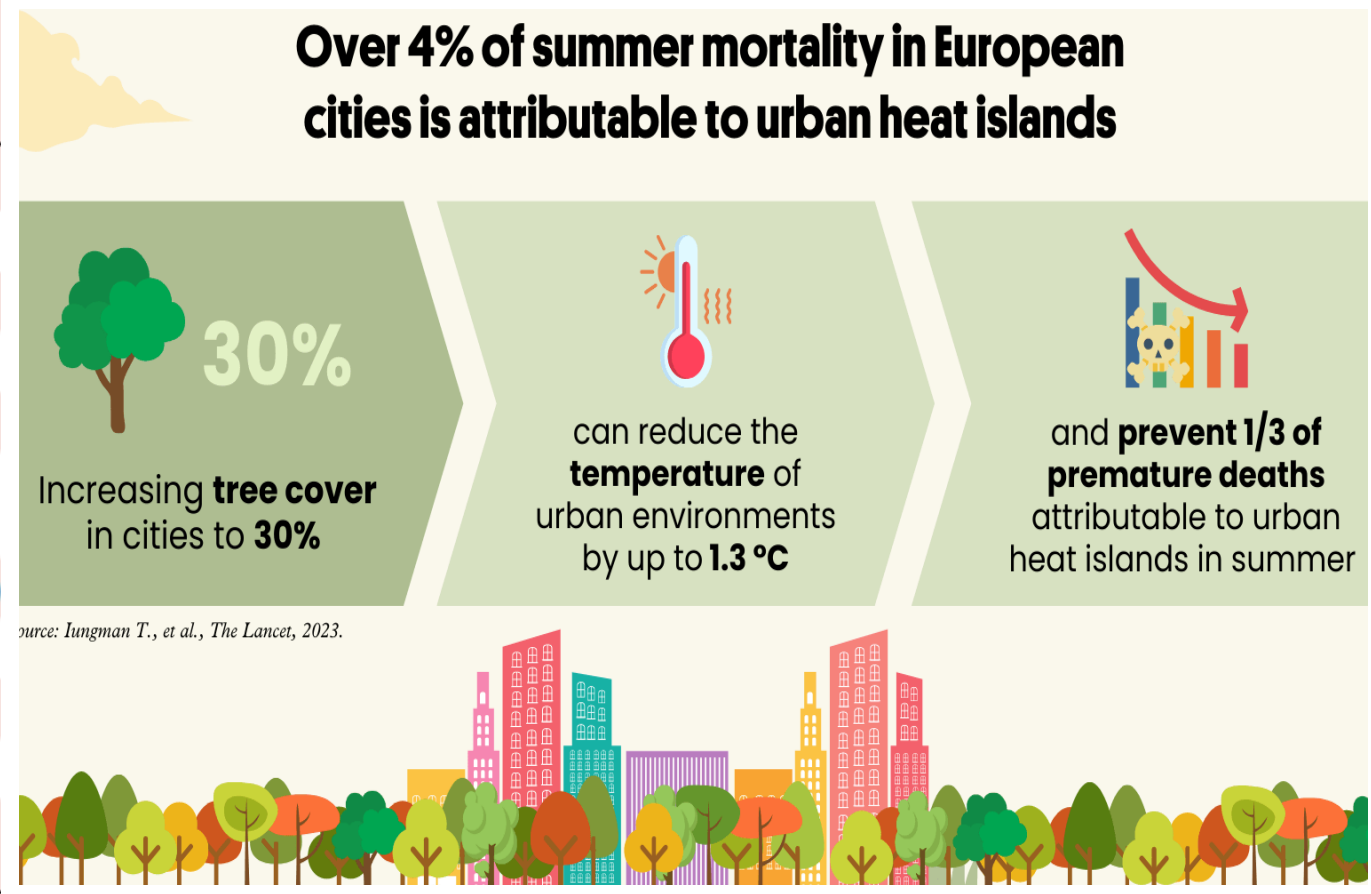


# Mitigations: Cooling cities through urban green infrastructure: a health impact and carbon sequestration

	Tree coverage (%)	Population-weighted tree coverage (%)	Tree coverage increment (%)	Mean cooling (°C)	Maximum cooling (°C)	Summer preventable deaths (95% CI)
Oslo	34.62	29.42	3.76	0.10	0.81	0.01 (-0.56 to 0.67)
Bari	15.83	8.99	14.08	-0.02	0.47	0.26 (0.01 to 0.45)
Glasgow	19.02	17.29	11.97	0.04	0.24	0.61 (0.42 to 0.77)
Lille	12.97	15.26	16.11	0.01	0.22	0.90 (0.72 to 1.08)
Edinburgh	25.36	25.48	5.40	0.02	0.33	0.62 (0.43 to 0.80)
Palma de Mallorca	8.03	5.15	23.03	0.68	1.04	62.56 (61.31 to 63.72)
Barcelona	8.41	5.39	23.31	0.70	0.89	214.52 (205.60 to 220.98)
Split	5.40	1.79	25.93	0.79	1.04	14.72 (13.95 to 15.38)
Naples	13.05	6.37	19.67	0.64	1.00	75.77 (72.14 to 79.34)
Murcia	10.31	8.85	20.83	0.66	1.25	29.85 (29.04 to 30.60)

The ten cities associated with the lowest and highest impacts on preventable mortality are displayed.

Table 4: Main health impact assessment results for the 30% tree coverage scenario in ten European cities



# Mitigation: Lowering emissions through electrification of buses

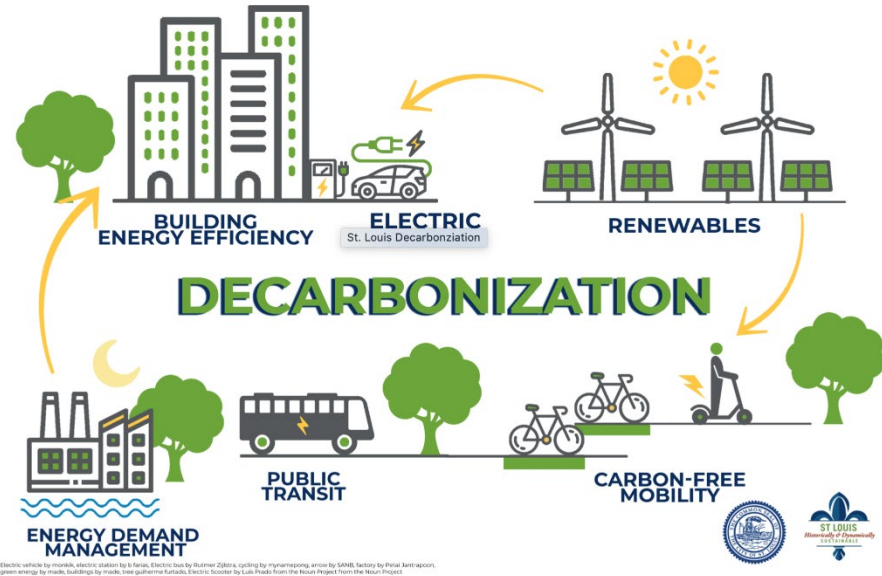
Review > AIMS Public Health. 2017 Feb 16;4(1):47-61. doi: 10.3934/publichealth.2017.1.47.  
eCollection 2017.

## Energy, Transportation, Air Quality, Climate Change, Health Nexus: Sustainable Energy is Good for Our Health

Larry E Erickson <sup>1</sup>, Merrisa Jennings <sup>1 2</sup>

### CITY OF ST. LOUIS CLIMATE PROTECTION INITIATIVE

An Integrated Approach Toward Carbon Neutrality



## Better residents' health after switch to electric buses

Date: April 29, 2022

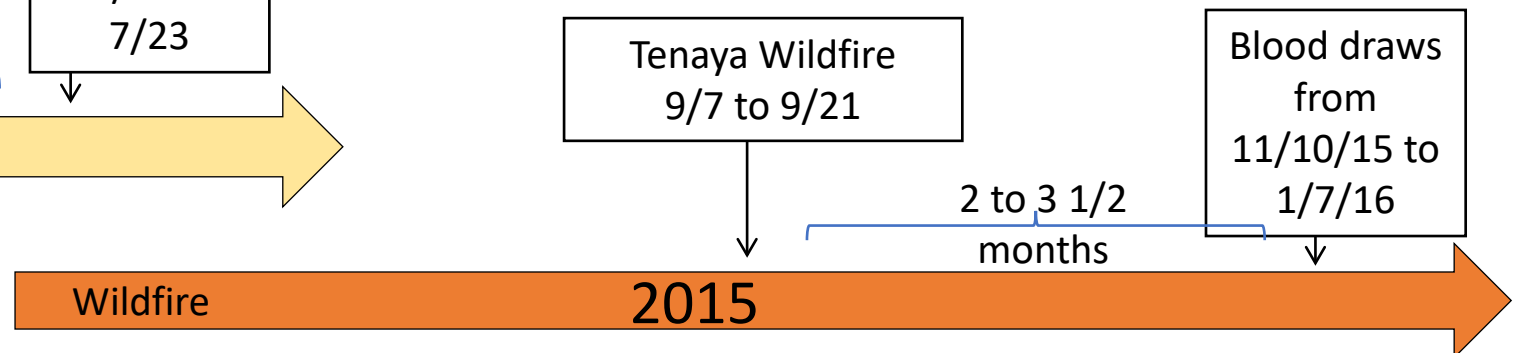
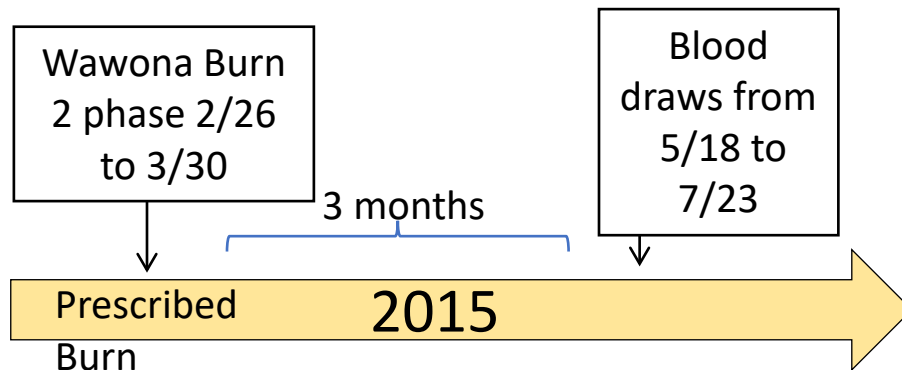
Source: University of Gothenburg

Summary: The health of residents living alongside a bus route in Gothenburg, Sweden, became considerably better when hybrid buses were replaced by buses fully powered by electricity. Along with the noise levels there was a reduction of fatigue, day time sleepiness and low mood, a new study shows.

# Mitigation: PRESCRIBED BURNS VERSUS WILDFIRES

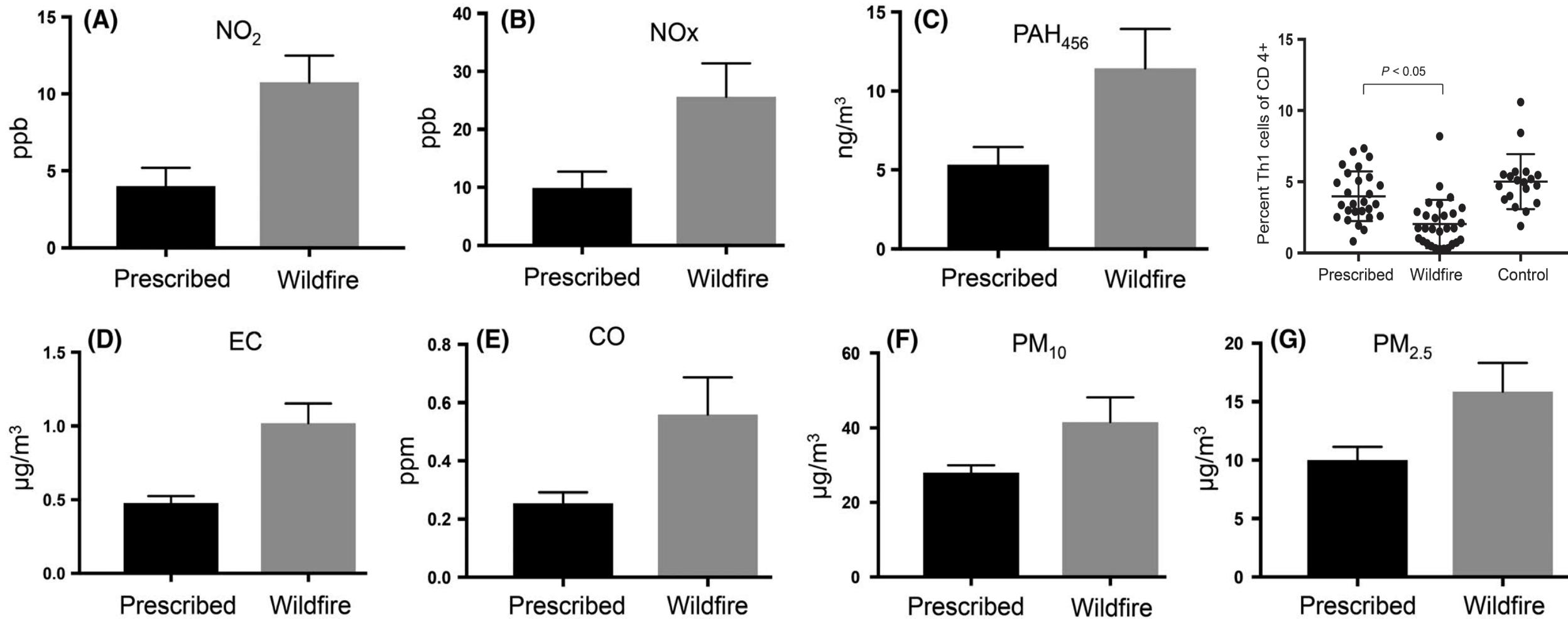
Hypothesis: The health impacts of a prescribed fire are less detrimental to the respiratory and cardiovascular systems than a wildfire in school-aged children.

Demographic Variable	Prescribed Burn Subjects (n=32)	Wildfire Subjects (n=36)
% Female	40.6% (13/32)	41.7% (15/36)
% Asthmatics	37.5% (12/32)	25% (9/36)
Age	7.16 yrs	7.56 yrs
Period	May to July 2015	Nov 2015 to Jan 2016



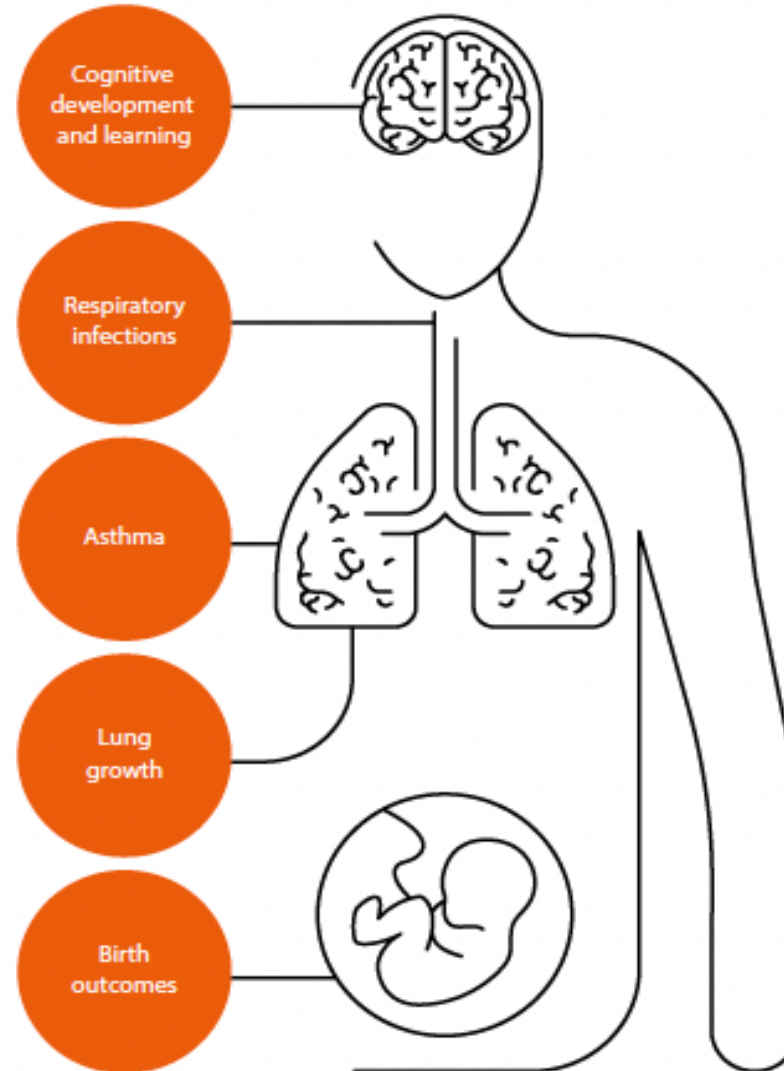


# Mitigation: WILDFIRE VS PRESCRIBED BURN



## Global level:

# Research on best ways to communicate and work with communities



3,222 young people (aged 13-25), parents from 59 cities

40% said air pollution one of worst things due to motor vehicles, factories

40% reported their city was better to live

# Global level: Averted new cases/yr with 'net-zero' projections

City	Total cases averted in one year		
	Asthma	Preterm birth	Low birthweight
Bhubaneswar	13	540	270
Dar es Salaam	75	189	60
Dhaka	332	23,889	13,514
Freetown	1	20	8
Glasgow	110	69	22
Harare	9	71	23
Jaipur	44	905	488
Lahore	315	4,643	3,167
London	1,791	813	262
Los Angeles	7,210	939	287



# Economic level: Research in cost and co benefits

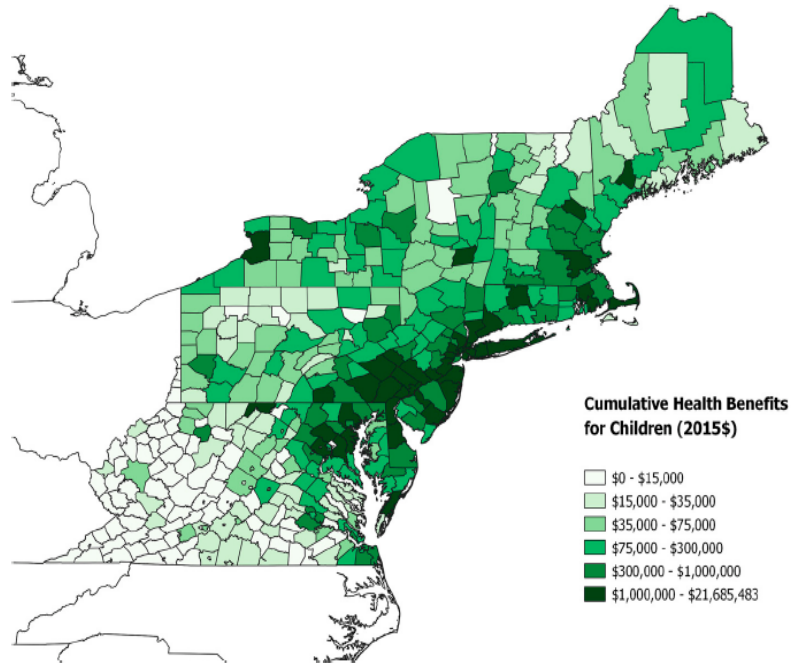
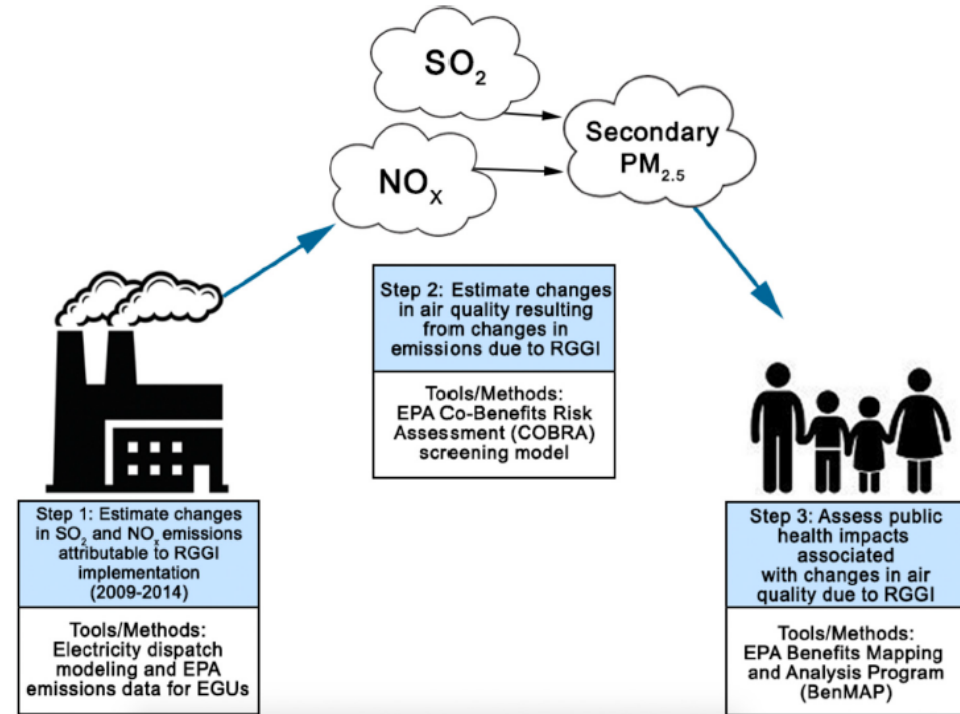


Figure 2. Economic benefits of avoided cases of child health outcomes attributable to RGGI by county, 2009 to 2014 (low value, 2015\$). Note: RGGI, U.S. Regional Greenhouse Gas Initiative.



For every \$1 dollar spent on reducing GHGs saved approximately \$6+ in co benefits

## Co-Benefits to Children's Health of the U.S. Regional Greenhouse Gas Initiative

Frederica Perera,<sup>1</sup> David Cooley,<sup>2</sup> Alique Berberian,<sup>1</sup> David Mills,<sup>3</sup> and Patrick Kinney<sup>4</sup>

## Economic level: Research in cost and co benefits

- Cost of cleaner energy:

- $< \$30/ tCO_2$

Benefits of cleaner energy:

$\$200^*/ tCO_2$

WHICH NUMBER IS BIGGER???



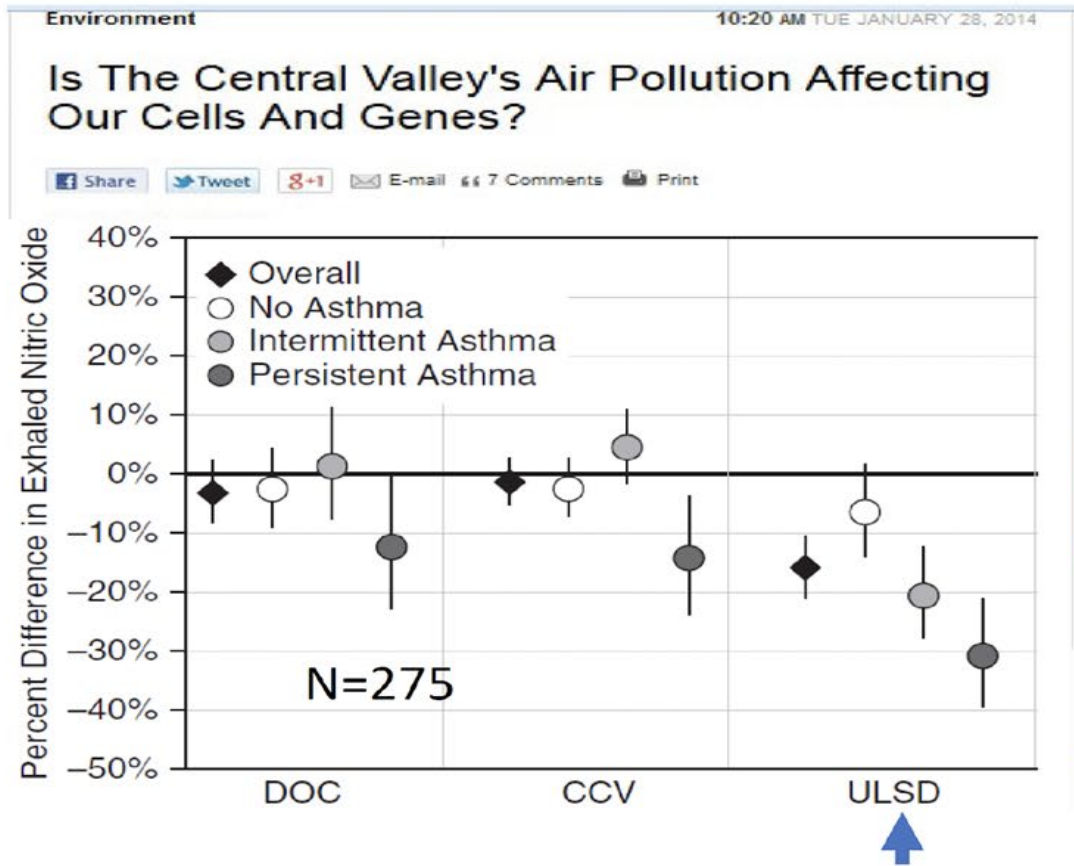
West et al. 2013

(\* Range: \$50 to \$380 in adults)

For E. Asia, co-benefits are **10 to 70 times** greater

# Policy outcome: Research and community outreach

## Population level: Research can result in Community outreach and Policy Impact



Community stakeholders were key for implementing change based on science

### CHAPS Children's Health & Air Pollution Study



### Green Car Congress

Energy, technologies, issues and policies for sustainable mobility

9 December 2014

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**California ARB to hold public workshop on new GHG and emissions standards for heavy-duty engines and vehicles**

21 February 2013

By 2017

**FAX**  
FRESNO AREA  
EXPRESS



Zero Emission Bus  
Rollout Plan





The NEW ENGLAND  
JOURNAL of MEDICINE

## Perspective

# Climate Change — A Health Emergency

Caren G. Solomon, M.D., M.P.H., and Regina C. LaRocque, M.D., M.P.H.

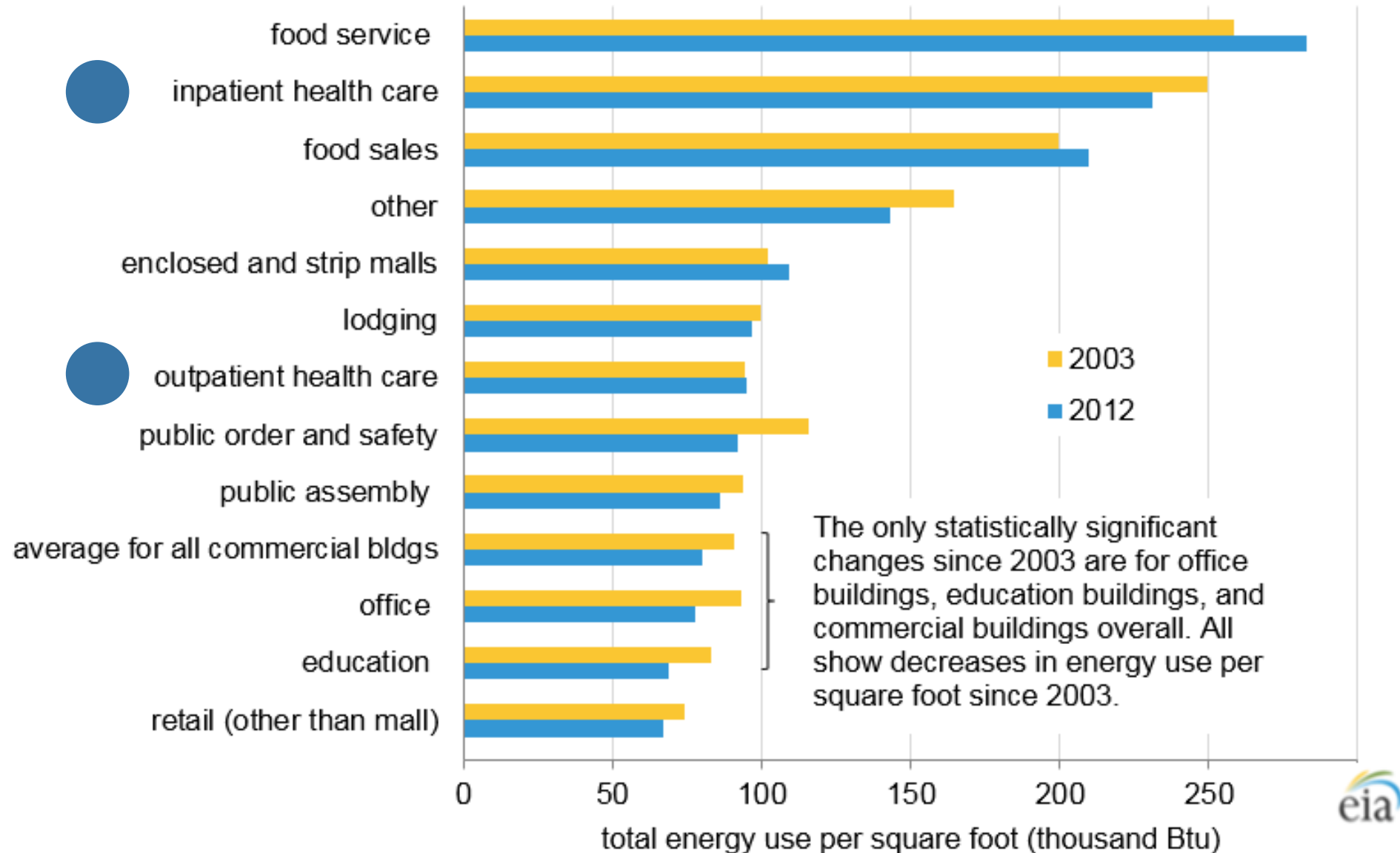
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January 17, 2019

N Engl J Med 2019; 380:209-211

# Get our own house in order

Healthcare accounts for ~10% of all greenhouse gas emissions in the U.S.



# Example of Net Zero Health care

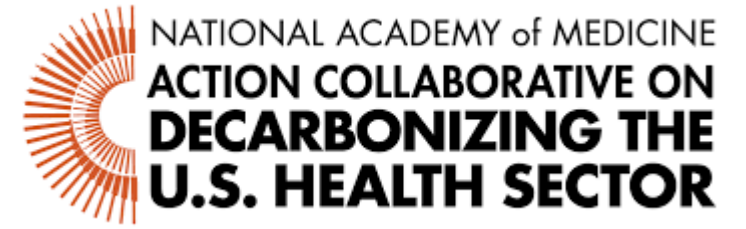


National Health Services in the UK Going to Net Zero Health Care



# Many organizations are involved in decarbonizing health care

Over 50 countries have signed on to go net zero in their health care systems.



[Practicegreenhealth.org](https://www.practicegreenhealth.org)



WHO  
COP28



# When Talking with Patients- Tools are available Patient facing materials:



## HOW DOES CLIMATE CHANGE AFFECT ASTHMA?



### POLLEN

When carbon dioxide levels rise, some trees and plants make more pollen, and the pollen is more potent. Warmer weather allows trees and plants to start making pollen earlier in the season.



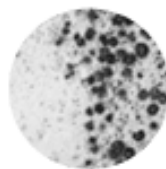
### HEAT

Heat waves are becoming more common. Heat waves can lead to deaths among the elderly and those who are already sick. Heat waves also trigger asthma attacks.



### SMOKE

Climate change is making wildfires worse. The smoke from wildfires can spread hundreds of miles. For asthma sufferers, wildfire smoke can trigger symptoms.



### MOLD

When plants are surrounded by high carbon dioxide levels, they develop mold spores that are more powerful. Climate change also increases severe weather events such as storms, flooding, and heavy rainfall. Damage to homes, schools, and other buildings could increase indoor mold. Whether indoor or out, mold triggers asthma.



### SMOG

Smog, or ground level ozone, is a powerful lung irritant formed when chemicals from power plants, cars, natural gas drilling, and other sources mix with heat and sunlight in the air. More heat equals more smog, especially in large cities.

MOMS  
clean air  
FORCE

FIGHTING FOR  
OUR KIDS' HEALTH

Allergy  
& Asthma  
NETWORK

FOR MORE INFORMATION ABOUT OUR ORGANIZATIONS, PLEASE VISIT:

[www.MomsCleanAirForce.org](http://www.MomsCleanAirForce.org)

[www.AllergyAsthmaNetwork.org](http://www.AllergyAsthmaNetwork.org)

# Recommendations for Change

1. Transition to healthy, sustainable practices
2. Remove fossil fuels subsidies and invest in renewable energy
3. Talk to the community, find out their needs
4. Increase access to healthy transport options
5. Strengthen the public health system, talk to policy makers
6. Invest in a healthy recovery and prevention
7. Greening areas and buildings leads to carbon sequestration

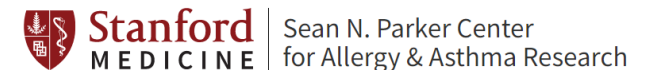
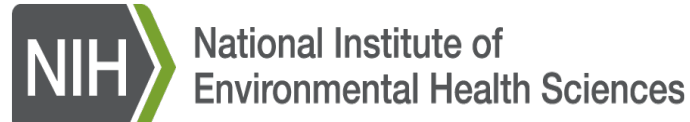




# With Appreciation to: Participants, Families, Collaborators, and Sponsors



MASS GENERAL BRIGHAM ASTHMA CENTER



**The report finds a number of impacts to U.S. children's health and well-being. For example, at 2°C and 4°C of global warming:**

- Climate-driven changes in air quality are estimated to increase annual cases of asthma between 4% and 11%, respectively.
- Increases in oak, birch, and grass pollen are projected to increase children's asthma-related emergency department visits from 17%-30% each year.
- Additional cases of Lyme disease in children are projected to rise 79% to 241%, or an additional 2,600 to 23,400 new cases per year.
- Heat experienced during the school year affects concentration and learning in children. Climate-driven temperature increases are projected to result in 4% to 7% reductions in annual academic achievement per child. These learning losses can affect future income, with potential losses across cohorts of graduating students reaching billions of dollars annually (and in the thousands of dollars per individual).
- If no additional adaptation actions are taken, 1 million to 2 million+ children are estimated to experience temporary home displacement or complete home loss, respectively, from coastal flooding at 50cm to 100cm of global mean sea level.